

# Del-Air Lodge April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Schedule may change, please check the Calendar in the Dining Room for updates.	<b>1</b> <u><b>Easter Monday</b></u>	<b>2</b> <b>Toonie Tuesday</b> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO	<b>3</b> 10:15 – Chair Yoga 1:30 – Bean Bag Toss 2:30 - Snack 3:00 – Easter Activity Book	<b>4</b> 9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Rummikub	<b>5</b> 10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	<b>6</b>
<b>7</b>	<b>8</b> 1:00 – Cribbage 3:00 – Hymn Singers	<b>9</b> <b>Toonie Tuesday</b> <u><b>Vimy Ridge Day</b></u> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO 3:00 – Books on Wheels	<b>10</b> 10:15 – Chair Yoga 1:30 – Curling 2:30 – Snack 3:00 – Colouring Club	<b>11</b> 9-12 – Handivan 1:15 – BINGO 3:00 – WHIST	<b>12</b> 10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	<b>13</b>
<b>14</b>	<b>15</b> 1:00 – Cribbage 3:00 – Music Monday	<b>16</b> <b>Toonie Tuesday</b> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO	<b>17</b> 10:15 – Chair Yoga 1:30 – Dutch Shuffleboard 2:30 - Snack 3:00 – Spring Activity Book	<b>18</b> 9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Shut the Box	<b>19</b> 10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	<b>20</b>
<b>21</b>	<b>22</b> <u><b>Earth Day</b></u> 1:00 – Cribbage 3:00 – Movie: Planet Earth	<b>23</b> <b>Toonie Tuesday</b> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO 3:00 – Books on Wheels	<b>24</b> 10:15 – Chair Yoga 1:30 – Bean Bag Toss 2:30 – Appreciation Snack w/ Volunteers	<b>25</b> 9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Yahtzee	<b>26</b> 10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	<b>27</b>
<b>28</b> 3 – The Hilltop Singers	<b>29</b> 1:00 – Cribbage 3:00 – Book Club w/ Eileen Gerrits	<b>30</b> <b>Toonie Tuesday</b> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO				



# Del-Air Lodge

“Everyone has a  
place to call Home”

## Message From the Manager

*Sharon Henitiuk*

## Events

## New & Noteworthy

Although the hallway is open it is still a construction site. They are working and can not have residents and guests walking through with equipment running, please be patient while we are getting closer and closer to the end.

## Special Dates

**April 1<sup>st</sup>:** Easter Monday

**April 9<sup>th</sup>:** Vimy Ridge Day

**April 21<sup>st</sup> – 27<sup>th</sup>:** Volunteer week

**April 22<sup>nd</sup>:** **Earth Day;** Join us in the tv room for a movie about planet Earth!

**April :** Chair Yoga with Betty May @ 10:15am

**April :** **Birthday Party** & great music with **Vic & The Chicks**

## Happy Birthday!



**Ray Vandemark – April 10<sup>th</sup>**

**John Daigle – April 19<sup>th</sup>**

**Stella Pashko – April 29<sup>th</sup>**

**Larry Bodie – April 29<sup>th</sup>**

# Harvest Lodge April 2024

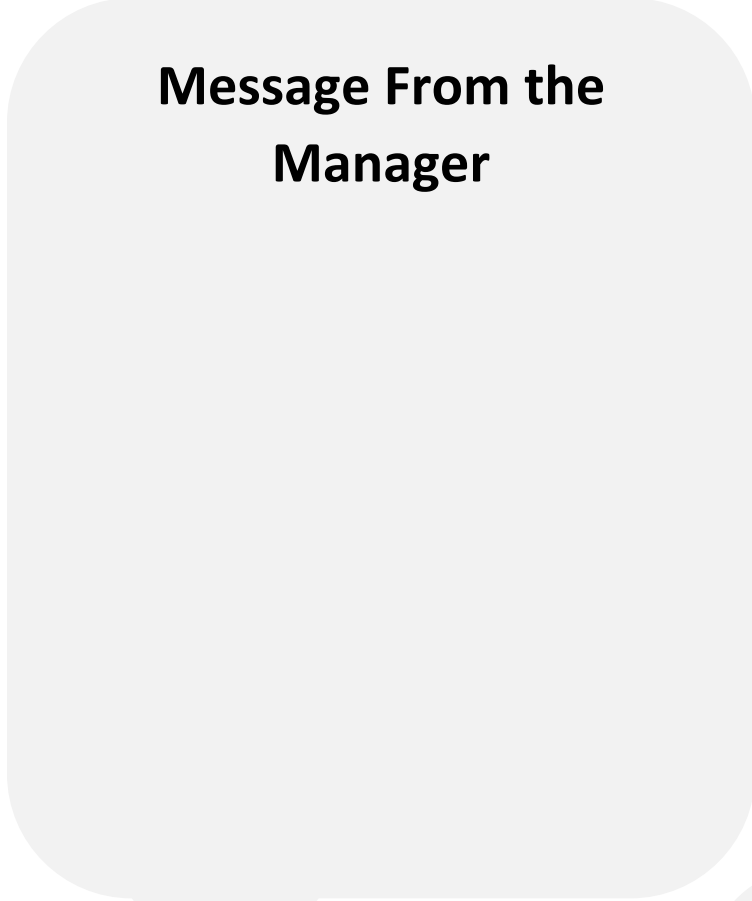
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Easter Monday <b>1</b>	Exercise @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45 <b>2</b>	Chair Yoga @9:00 <b>Personal Touch Fashions @10-2</b> Coffee Time With Dave & Vera @3:00 <b>3</b>	65 @10:00 Shopping @10:30 Jeopardy @2:00 <b>4</b>	Exercise @9:00 Stay Sharp @10:30 <b>5</b>	<b>6</b>
Eureka River Singers @2:45 <b>7</b>	Bingo With Denis & Elise @2:00 <b>8</b>	Exercise @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45 <b>9</b>	Chair Yoga @9:00 Jeopardy @10:30 Coffee Time with Dave & Vera @3:00 Vic & The Chicks @6:00 <b>10</b>	65 @10:00 Shopping @10:30 Shuffleboard bowling @2:00 <b>11</b>	<b>12</b>	Seventh Day Adventist @2:15 <b>13</b>
Brenda Whiteford @2:30 <b>Volunteer Week 14<sup>th</sup>-20<sup>th</sup></b> <b>14</b>	<b>15</b>	Exercise @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45 <b>16</b>	Chair Yoga @9:00 Floor Kurling @10:30 Coffee Time with Dave & Vera @3:00 <b>17</b>	65 @10:00 Shopping @10:30 Horse Game @2:00 Fred K. @6:00 <b>18</b>	Norma Cards Craft @1:30 <b>19</b>	<b>20</b>
<b>21</b>	Bingo with Denis & Elise @2:00 <b>22</b>	Exercise @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45 <b>23</b>	Chair Yoga @9:00 Shuffleboard Bowling @10:30 Coffee Time with Dave & Vera @3:00 <b>24</b>	65 @10:00 Shopping @10:30 Floor Kurling @2:00 <b>25</b>	<b>26</b>	<b>27</b>
Silver Valley Singers @6:00 <b>28</b>	Bingo with Denis & Elise @2:00 <b>29</b>	Exercise @9:00 65@10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45 Grow Noth Gardens <b>30</b>				

# Harvest Lodge

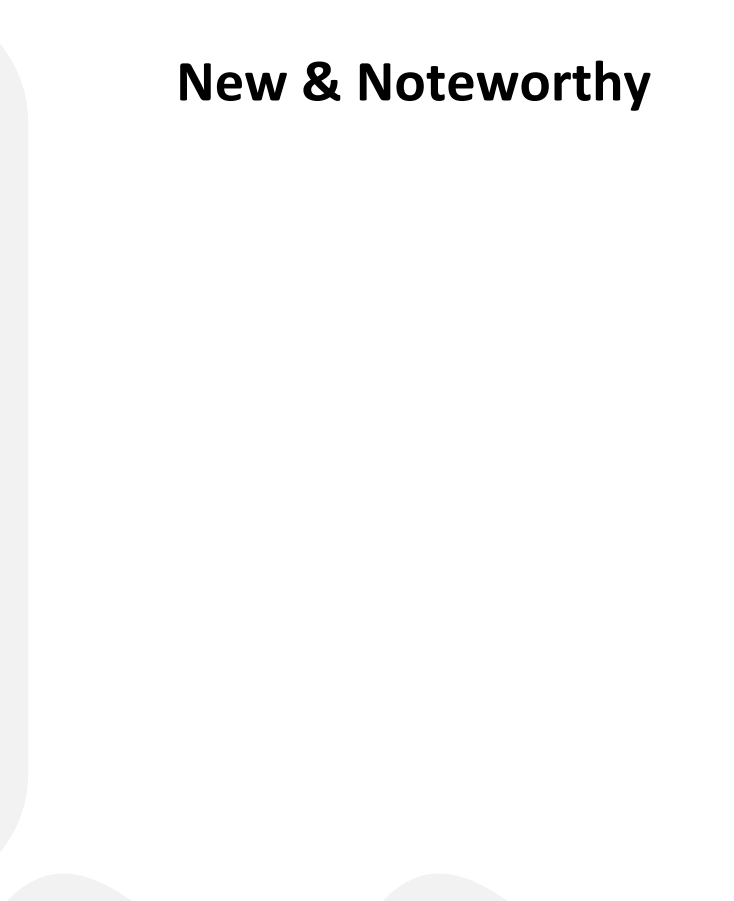
“Everyone has a place to  
call Home”



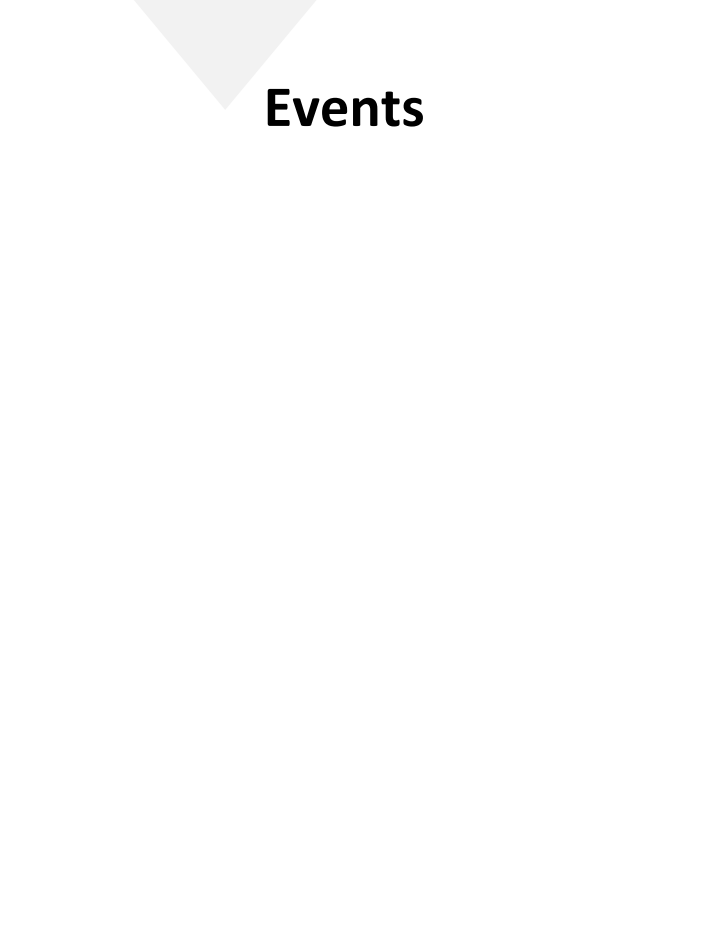
## Message From the Manager



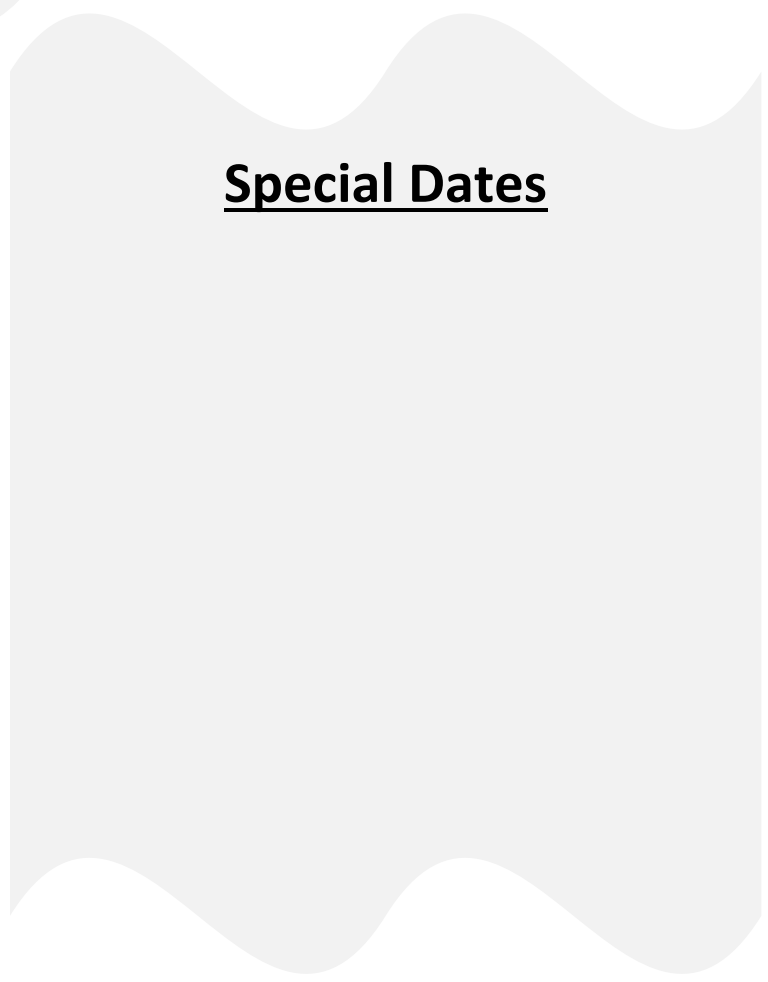
## New & Noteworthy



## Events



## Special Dates



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Stat <b>Happy Easter Monday</b>					
7	8	9	10	11	12	13
	9:00 Fitness on 6 <sup>th</sup> 10:30 Exercise 1:30 Floor Kurling 7:00 Nampa Gospel	9:00 Pool Games 10:00 Church on 6 <sup>th</sup> 10:3 Shuffleboard Bowling <b>1:30 Fred on Guitar</b>	9:00 Fitness on 6 <sup>th</sup> 10:30 Stretch n Lift 1:30 Making Cards w/ Norma & Janine 3:00 Bible Study on 6 <sup>th</sup>	10:30 Bob Therapy Pony 1:30 Shuffleboard Bowling 3:30 Painting Fingernails <b>6:30 Laliberte Band</b>	9:00 Fitness on 6 <sup>th</sup> 10:30 Exercise 11:30 50/50 1:30 10c Bing0 3:30 Scrabble	
14	15	16	17	18	19	20
<b>4:15 Living Waters Singing</b>	9:00 Fitness on 6 <sup>th</sup> 10:30 Exercise 1:30 Bean Bag 3:30 Crib on 2 <sup>nd</sup>	9:00 Pool Games 10:00 Church on 6 <sup>th</sup> 10:3 Shuffleboard Bowling 1:30 Trivia with Tim Grief Support Group 2:30 Book Mobile	9:00 Fitness On 6 <sup>th</sup> 10:30 Stretch n Lift <b>1:30 Northern Comfort Band &amp; Volunteer Appreciation</b>	9:00 Pool Games 10:3 Shuffleboard Bowling 1:30 Horse Racing <b>6:30 Ray on Guitar</b>	7:30 Ladies Breakfast/2 <sup>nd</sup> 10:30 Exercise 11:30 50/50 1:00 Niena's Mem.PR Baptist Ch 1:30 10c Bing0 w/ Morgan	
21	22	23	24	25	26	27
	9:00 Fitness on 6 <sup>th</sup> 10:30 Exercise 1:30 Floor Bowling 3:30 Noodleball	10-4 Health Fair (on main floor) 10:00 Church on 6 <sup>th</sup> 10:30 Crib on 2 <sup>nd</sup> 1:30 Jenga on 2 <sup>nd</sup>	9:00 Fitness on 6 <sup>th</sup> 10:30 Stretch n Lift 1:30 Walmart Shopping 3:00 Bible Study	9:00 Pool Games 10:3 Shuffleboard Bowling <b>1:30 Birthday Party w/ The Goodtimer Band &amp; Happy Hour</b>	7:30 Men's breakfast/2 <sup>nd</sup> 10:00 Anita & Puma Dog 10:30 Exercise 11:30 50/50 1:30 Card Bing0	
28	29	30				
	9:00 Pool Games 10:30 Exercise 1:30 Ring Toss 2:00 P.C. Hearing	9:00 Fitness on 6 <sup>th</sup> 10:00 Church on 6 <sup>th</sup> 10:3 Shuffleboard Bowling 1:30 Floor Kurling	Texas Holdem' every Wednesday with Wendal At 6:30			



# Seniors Bullying Seniors

## Seniors Experience Bullying Too

Bullying among older adults is a serious issue that continues to grow. Bullying behaviour between seniors is likely to occur in small groups. In fact, 20% of seniors in supportive living facilities report having experienced some form of bullying. The most common form of bullying is verbal abuse. Victims may find it difficult to escape these situations because they live in the same facility as their bullies.

If you need to report, please talk to myself or any staff member.

**Bullying is NEVER OKAY.**

**No two people are alike, and you make your own decisions. If you feel someone is trying to pull you into their bullying scheme, speak up for you and your peers. You're not alone.**

# Heritage Tower Lodge

“Everyone has a place  
to call Home”



## Message From the Manager

Hello Spring & Happy Easter

Thanks to all Residents who came out and took part in the Residents Association Meeting. It was amazing to have such a great turn out.

If you have any new ideas of items you'd like to see the association purchase for recreation, please leave a note with Shawna Shannon, your president.

I have attached a memo to our newsletter this month regarding seniors bullying seniors. This can be a real problem in life, and I wanted to ensure you are not alone. If you or someone you know is going through this, please report it to myself or another staff member.

Melissa Henitiuk

## Events at HTL

- 2<sup>nd</sup> 1:30 Crafts with PVFH
- 4<sup>th</sup> 6:30 Vic & the Chicks
- 8<sup>th</sup> 7:00 Nampa Gospel
- 9<sup>th</sup> 1:30 Fred on Guitar
- 11<sup>th</sup> 10:30 Bob Therapy Pony
- 11<sup>th</sup> 6:30 Laliberte Band
- 14<sup>th</sup> 4:15 Living Waters to sing.
- 16<sup>th</sup> 1:30 Trivia with Tim
- 17<sup>th</sup> 1:30 Northern Comfort Band
- 18<sup>th</sup> 6:30 Ray on Guitar
- 23<sup>rd</sup> 10-4pm Health Fair
- 25<sup>th</sup> 1:30 Birthday Party w/ the Goodtimer Band

## New & Noteworthy

March winds & April showers  
bring May flowers.

*April appears to start off a bit different this year as Easter Monday is on the 1<sup>st</sup> as is April Fool's Day.*

The simple standard definition of Easter is that it is the first Sunday after the full Moon that occurs on or after the spring equinox.

*Some April "Weather Lore"  
Sayings:*

- The louder the frog, the more rain.*
- Sounds traveling far & wide: a rainy day will betide*
- A cold & moist April fills the cellar & fattens the cow*
- if it thunders on All Fool's Day, it brings good crops of corn & hay*
- April is a time to turn over a new leaf*






## Special Dates

### Happy Birthday

- 3 Mary McKenzie
- 10 Rose Henderson
- 19 Doreen Haydey
- 24 Isabel Blakley
- 25 Arthur Tardif
- 27 Rose Pelletier
- 30 Jan Darling

## Homesteader Lodge April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday	2 Exercise 10 Book Club 11 Label Clothes with Dakota <b>FV Ministry 7:00pm</b>	3 Exercise 10 Book Club 11 Movie & Popcorn Day!! Taxes –book with Dakota <b>Ernie Kobbert Music 7:00</b>	4 <b>Fred &amp; His Guitar 2:00pm</b>	5 <b>Residents Association Meeting 10:00am</b>  Taxes – book with Dakota	6
7 <b>Willie Driedger Music Group 7:00pm</b>	8 <b>Happy Birthday Evelyn!</b> 	9 Exercise 10 Book Club 11 FV Fine Arts – 1:30 Taxes – book with Dakota <b>FV Ministry 7:00pm</b>	10 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:45 <b>Happy Trails Band 7:00</b>	11 <b>Eureka Mennonite Music 7:00pm</b>	12 <b>Easter Dinner at Lodge for Families</b> 	13 <b>Hines Creek Trade Show – Dave Shaw Complex</b>
14	15	16 Exercise 10 Set up for party 11 Volunteer Party 2:30 <b>FV Ministry 7:00pm</b>	17 Exercise 10 Book Club 11 Pizza Party Lunch Spa Day with Dakota – Please sign up <b>Happy Birthday Veronica!</b> 	18 Exercise 10 Book Club 11 Emergency Preparedness (all Residents to attend)/ Hand washing practices. 2:30	19	20
21 <b>AOL Fellowship 3:00pm</b>	22 Earth Day <b>Greg Coon Music 7:00pm</b>  Dakota Away 	23 <b>FV Ministry 7:00pm</b>	24	25  Rhonda & Lourlin Bingo	26 Lynne Bask – Massage – Must Sign up	27
28	29	30 <b>FV Ministry 7:00pm</b>				



“Everyone has  
a place to call  
Home.”



## Message From the Manager

# Homesteader Lodge Newsletter

## New & Noteworthy

**Taxes:** Dakota and Tara are available to help do your taxes. Sign up sheet in hallway. This is FREE.

**Emergency Preparedness-**April 19<sup>th</sup> – meeting in living room with all Residents: make sure you have a “Go Bag” packed and ready, as summer is coming, and fire season will be upon us. Its always good to be prepared.

**Dakota is away from April 22<sup>nd</sup> – 30<sup>th</sup>** at a Recreation Conference, lots of activities are going on still. Please have fun and be kind to our wonderful volunteers that are coming in.

**Walkers:** Dakota has reached out for several months to contact a Occupational Therapist both in Fairview and Peace River. On March 19<sup>th</sup> I was finally able to make contact. We are working to bring someone in to fix walkers.

## Community Events

**Hines Creek Trade Show- Saturday April 13<sup>th</sup>**

**At Dave Shaw Memorial Complex**

8:00am – Free Pancake Breakfast

10:00am – 4:00pm Trade Show

- Wagon Rides
- Spring Fair Exhibits
- Kids Talent Show
- Presentation of prizes

8:00pm – 2:00am Carters Camp Trade Show Dance

- Band: Big Guitar
- Tickets available at B&E Home Hardware & ATB

## Special Dates

**April 5<sup>th</sup> – residents Association Meeting 10:00am**

**April 12<sup>th</sup> – Easter Dinner, all Family invited.**

**April 16<sup>th</sup> – Hosting our Volunteer party.**

**Happy Birthday to:**

**April 8<sup>th</sup> – Evelyn Bondaruk**

**April 17<sup>th</sup> – Veronica Walmsley**