Del-Air Lodge June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	2 10 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	2 3
4 Seniors Week June 5 th – June 11 th →	5 1 – Cribbage 3 – Book Club W Eileen Gerrits	<u>Toonie Tuesday</u> 6 9:30 – Mass 10 – Planting on patio 1:15 – Bingo 2:30 – Senior's event @ Legion Hall	7 10:15 – Chair Yoga 1:15 – Dutch Shuffleboard 2:30 – Sundaes Ice Cream Treat 3:00 – Country Drive	8 9-12 – Handivan 1:15 – Royal Purple Bingorama 3:00 – WHIST	9 10 – Exercises 11 – Walking Club 1 – Gr 5 visit 2:30 – Happy Hour) 10
11	12 9:30 - Hairdresser 1 – Cribbage 3 – Music Monday w Kara Walisser	Toonie Tuesday139:30 – Mass10:15 – Exercises10:15 – Exercises11 – Walking Club1:15 – Bingo2:30 – Books on Wheels3 – Father's Day Activity Book	14 10:15 – Chair Yoga w Betty May 1 – Twin Rivers Hutterite Colony Visit 2:30 – Ice Cream Treat	15 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	16 10 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	5 17
HAPPY— Jahegis	19 1 – Cribbage 3 – Book Club w Carol Knauft	Toonie Tuesday209:30 – Mass10:15 – Exercises11 – Walking Club1:15 – Bingo3 – Rock Painting	Summer Solstice2110 -Heritage TowerPeace River -Bus Trip10:15 - Chair Yoga2:30 - Ice Cream Treat7 - Evening Walk	22 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST 3:00 – Indigenous Culture Celebration Old Hospital -Bus Trip	23 10 – Exercises 11 – Walking Club 1 – Gr 5 Visit (Last one) 2:30 – Happy Hour	3 24
25 3 – The Hilltop Singers	26 1 – Cribbage 3 – Music Monday Hymns	Toonie Tuesday 27 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 2:30 – Books on Wheels 10:15	28 10:15 – Chair Yoga 1:15 – Bean Bag Toss 2:30 – Ice Cream Treat 3:00 – Country Drive	29 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	30 10 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	



Message From the Manager

Starting in June, you will see some renovations happening in our existing lodge. Our goal is to work together with residents, staff & the construction crews, to make manageable changes & transitions. I know as a team we can accomplish this. Communication & Patience will be the key!

Any questions, please stop by my office.

As of June 1st, the Homecare Office / Medical Room has been moved to N4 (North4)

Summer Solstice is the start of summer. Wednesday, June 21 will be the longest day of the year in terms of daylight hours. What a great reason to take an evening walk with me!

Sharon Henítíuk

Events

June 5th to 11th, 2023: Celebrate Senior's Week

Albertans are encouraged to show appreciation forseniors and recognize the important contributions seniors make to our province. **The Del-Air Lodge** & Community will be hosting a variety of events throughout the week for the Residents.

- Tuesday June 6th: <u>Planting on the Patio @ 10 with</u> <u>Amicis Gardens:</u> join us outside and help plant some beautiful flowers.
 - <u>Afternoon Pie, refreshments, and other</u> <u>activities at the Legion Hall</u> @ 2:30 pm. Please sign up if you would like to go.
- Wednesday June 7th: <u>Ice Cream Sundae's</u> @ 2:30 pm. All Seniors Welcome!
- Thursday June 9th: <u>BINGO-RAMA @ 1:15</u> play bingo for FREE and have a chance to win prizes. Organized by The Royal Purple.

Please check the poster on the bulletin board to see all seniors' events happening in Manning & Area. June 22, 2023 - Indigenous Culture Celebration

Come celebrate Indigenous Culture at the Old Hospital Grounds organised by the Manning Metis Local. The handivan will be going at 3 pm. **New & Noteworthy**

New Resident

A very warm welcome from the Del-Air Lodge to our newest resident Marge Graw!

Bus Trips

As the days get warmer, we will be taking weekly Wednesday Handivan drives throughout the town & countryside. The bus will depart at approximately 3 pm and be back in time for supper. (1-11/2 hrs) There will be a sign-up sheet posted on the whiteboard for all residents who wish to join.

<u>WHIST</u>

Please note we are changing the WHIST Playtime **from Wednesdays to Thursday** @ 3 pm. Please sign up If you would like to play.

Special Dates

June 9th & 23rd – Our Grade 5 buddies will visit us 2 more times in June @ 1pm with their last visit being on Friday June 23rd. We will be taking pictures this month to give to our school buddies as a memento.

June 14th: Bus Trip to Twin Rivers Hutterite Colony. The Bus will leave at 1:15 pm and will be back in time for supper. please sign up if you would like to go.

June 18th: Celebrating Father's Day with a Brunch

June 20th: Create beautiful cactus rocks with Liz Zatelny @ 3pm in the craft room.

June 21st: Bus Trip to Heritage Tower - Peace River Lodge. We will leave at 10 am enjoy lunch at the lodge, visit, activity and make our way home. Please sign up if you would like to go.

Happy Birthday!

Verna Greschner – June 21st

Del-Air Lodge, NPHF
202 – 1st AVE SW., Manning AB
TOH 2M0
780-836-3325

WWW.NPHF.CA

Del-Air

Lodge

Newsletter

Harvest Lodge June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Richard & Deborah Popovich 1:30	2	3
4 Senior's Week →	5 Going to Lac Cardinal for hotdogs and Ice Cream floats 11:00	6 Exercise 9:00 65 @ 10:00 Mass 2:00 Walk to Old Bistro 2:30	7 Exercise 9:00 Going to MD Fairview for BBQ 11:30 College Theatre Movie	8 65 @ 10:00 Shopping 10:30 Pancake Supper 5-6	9 Exercise 9:00 Faye's Retirement Party 2:00	10 Seventh Day Adventist 2:30
11	12 Exercise 9:00 Bean Bags 10:30 STM Students will be here to play bingo with us @ 2:00	Exercise 9:00 13 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30 Vic & the Chicks 7:00	14 Going to Norma's house for lunch and make cards. 10:00	15 65 @ 10:00 Just for you Fashion 10:0 Shopping 10:30 Shuffleboard Bowling With STM students 2:30 Fred K 6:00	16 Going to Whitelaw for lunch and listen to the music festival 10:30	17
18 Eureka River Mennonite Singers 3:00 pm	19 Exercise 9:00 Bean Bags 10:30 STM Students will be here to play Bingo with us @ 2:00	20 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	21 Going to Peace River Lodge 10:00	22 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling with STM Students 2:30	23 Exercise 9:00 Stay Sharp 10:30 Afternoon Coffee	24
25 Silver Valley Singers 6:00 pm	26 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	27 Exercise 9:00 13 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	Exercise 9:00 28 Walk 10:00 Afternoon Coffee @ Mary Ann's (Anne Dickmann's daughter) 2:00	29 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling with STM students 2:30 Happy Trails 7:00	30 Exercise 9:00 Stay Sharp 10:30 Celebrate Canada day 2:30	



Message From the Manager

Welcome to all our new residents, we hope you find that the lodge becomes your new home.

Please enjoy the nice warm weather and remember to drink lots of water to stay hydrated.

Happy Seniors Week!!

Kelli

Community Events

Senior's Week

This is a week full of fun, dedicated to the seniors in our community who we should recognize and celebrate.

Please check the calendar for events happening June 5-9

Write you name on the sign-up sheets provided on the wall in the hall.

Harvest Lodge

Newsletter

New & Noteworthy

We have a few of our students graduating from STM this month. And they will be having a graduation parade on June 3rd. I will let you know more details about the time it will start.

A retirement party will be held here at the lodge for our cook Faye McEachnie

Special Dates

Happy Birthday to:

Marshall Rolling 2nd Mae Bjorklund 5th Judy Stubbs 11th Larry Chorney 19th Shirley Shmyr 23rd Lorrie Bartholet 28th Dick Richardson 28th

North Peace Housing Foundation

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Heritage Tower Lodge June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Church on 6 th every Tuesday at 10:00	Vic & the Chicks Band TBA later in the summer. Laliberte Band back in July	1 9:00 Outside Walk 10:30 Shuffleboard 1:30 Bean Bag 3:30 Water plants	2 7:30 Ladies Breakfast 10:30 Exercises 11:30 50/50 1:30 10c Bing0 w/Morgan	3
4	5 9:00 Outside Walk 10:45 Loading for Grimshaw Pioneer Museum -Free Hotdogs/IceCream Floats 3:30 Painting Fingernails	6 9:00 Pool Games 10:30 Shuffleboard 1:30 Prize Bing0-Invite a friend/family for Bing0 & 2:30 Tim Hortons Doughnuts	7 9:00 Outside Walk 10:30 Exercise 1:30 Coffee & Goodies at Freson Bros. 3:00 Bible Study 3:30 Sequence	8 10:30 Shuffleboard 12:30 Bus Loading for Nova Chateau Seniors Week Celebration 1-4pm	9 9:00 Outside Walk 10:30 Exercise 11:30 50/50 1:30 Bubbles on the patio 3:30 Water plants	10
11	12 9:00 Outside Walk 10:30 Exercise 1:30 Floor Kurling 7:00 Nampa Gospel to Sing	13 9:00 Pool Games 10:30 Shuffleboard 1:30 Fred on Guitar 2:00 ATB banking 2:30 Book Mobile	14 9:00 Outside Walk 10:30 Exercise 1:30 Drive down Shaftsbury 3:00 Bible Study 3:30 Decorating Fathers Day	15 10:30 Shuffleboard 1:30 Foot Spa 3:00 Help make goodie bags (here) with the town. 6:30 Ray on Guitar	16 7:30 Men's Breakfast 10:30 Exercise 11:30 50/50 1:30 Bing0 2:30 Ice Cream for Fathers Day	17
18 Fathers Day	19 9:00 Outside Walk 10:30 Exercise 1:30 Floor Kurling 3:30 Card Games on 2nd	20 9:00 Pool Games 10:30 Shuffleboard 1:30 Target Practice 3:30 Yahtzee	21 10:30 Exercises 1:30 Northern Comfort Band 2:00 Peace Country Hearing 3:00 Bible Study 3:30 Word Hunting	22 9:00 Pool Games 10:30 Shuffleboard 1:30 Horseracing 3:30 Chit Chat On the Patio	23 9:00 Outside Walk 10:30 Exercises 11:30 50/50 1:30 10c Bing0 w/Morgan 3:30 Water Plants	24
25	26 9:00 Outside Walk 10:30 Exercise 1:30 Horse Racing 3:30 Decorating (Canada Day)	27 9:00 Pool Games 10:30 Shuffleboard 1:30 Painting Rocks 3:30 Cribbage	28 9:00 Outside Walk 10:30 Exercises 1:30 Walmart Shopping 3:30 Noodleball	29 9:00 Pool Games 10:30 Bob the Therapy Pony 1:30 Goodtimer Band Birthday Party & Happy Hour	30 10:00 Pet Therapy with Anita & Puma (dog) 1:30 Yahtzee on 2 nd Flr. Leslie away until July 4 th	

Message From the Manager

Hello June!

I am looking forward to celebrating Seniors Week with you all this month. We have a weeklong of activities & outings planned. Make sure you rest up; you'll all be out on the run. 😊

I would lpike to Thank you all for working with me diligently to get your Income Reviews completed. I have a few more to call upon to finish signing in the coming days.

Have a wonderful month & enjoy soaking

up the sun & all the beautiful Flowers. 🧕

Mellissa



New & Noteworthy

The month of June brings us to take part in celebrating Seniors Week. Please check out our activity calendar.

It is also flower planting! We are looking forward to playing in the dirt now that the smoke has cleared.

We would like to Welcome our new residents to Heritage Tower Lodge-

Gerald Turner Carol Mayowski

Heritage Tower

Lodge

Newsletter

Community Events

For Seniors Week June 5th Bus to the Pioneer Museum June 6th Hosting Bing0 & Tim Hortons Doughnuts/Hot Choc June 7th Outing to Freson Bros. for Coffee & Goodies June 8th Bus to Seniors Celebration At Chateau Nova

> Other Happenings in Town Farmers Market on June 10th & 24th

Special Dates

- 1st Myrtle Klein (100 yrs Old) 10th Dawn Stone
 - 11th Richard Lamouche
 - 17th Anna Neufeld
 - 20th Fran Deynaka

North Peace Housing Foundation

WWW.NPHF.CA

 Heritage Tower Lodge, NPHF 100, 10123 – 103rd ST., Peace River AB TOH 1J8
780-624-3919

Homesteader Lodge June 2023

Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday
3	2	1				
	Residents Association	National Pen Pal Day –				
	Meeting 10:00	write letters to ST. Albert				
		Lodge				
	Planting Flowers 2:00	Fred & His Guitar 2:00				
10	9	8	7	6	5	4
10	5	5	Exercise 10	Exercise 10	5	- Start of Seniors Week
End of Seniors Week	Seniors Week BBQ & Open	a 🗸 👝 🐼 🔽	Book Club 11	Book Club 11		Start of Seniors Week
End of Schiols Week	House @ Homesteader		Bird Watching – How many	Spa Day with Dakota –		Willie Driedger Music
	Lodge		Birds can we identify? 2:30	Please Sign up		Group 7:00
	Louge		birds can we identify: 2.50	FV Ministry 7:00		
17	16	15	14	13	12	11
17	10	Exercise 10	Exercise 10	13	Exercise 10	11
Movie Night 7:00		Book Club 11	Book Club 11	FV Ministry 7:00	Book Club 11	
Happy Birthday Troy!		Fathers Day Celebrations	Tina Retirement Party		Outdoor Walk 2:00	
		2:30	Happy Trails Band 7:00		Resident's Choice	
		2.50	Happy Birthday Marcel!		Resident 5 choice	
24	23	22	21	20	19	18
		Exercise 10	Bus Trip to Peace River	Lacey- RCMP Presentation		
Happy Birthday John!		Book Club 11	Lodge for Lunch – Please	– Elder Abuse 10:00		AOL Fellowship Music
		Bob the Pony Visit 1:00	Sign Up Leaving at 9:45am	FV Fine Arts Centre 1:00		Group 3:00pm
		Happy Birthday Lisa! 🥤				
			1 st Day of Summer	FV Ministry 7:00		Happy Fathers Day!
	30	29	28	27	26	25
	Exercise 10		Alberta Symphony	Exercise 10		
	Book Club 11		Orchestra Society- Zoom	Book Club 11		
	New to you! Indoor 2:30		Concert 10:00am	Armchair Travel – The		
			Exercise 2:30	Queens Palaces 2:30		
				FV Ministry 7:00		

Message From the Manager

I would like to express a big thanks to all NPHF staff & AHS Homecare staff for their efforts in ensuring our seniors were transferred safely during the evacuation. And of course to our Residents for your amazing resilience after the challenges you have faced in the last 10 months.

We will be celebrating Senior's Week this month. Please come and join us for our **Senior's BBQ and Open House on June 9th at 11:30 am.**

Lots of outdoor activities, road trips, entertainment will be happening in June. A Representative from Fairview RCMP detachment will be doing a presentation on Elder Abuse, all are welcome to come. One of our NPHF staff will be retiring as well, best of luck to Tina Selvidge in the next chapter of your life...you will be missed!!

Quote: "The Greatness of a community is most accurately measured by the compassionate actions of its members"

Tara Schlilchter

Community Events

Seniors' week June 5th - 10th 2023

- Lac Cardinal Regional Pioneer Village Museum - Hot Dogs & Ice Cream– June 5th
 - Fairview MD BBQ June 7th
- Berwyn Village Complex Donuts & Plants June 6th
- Berwyn "Party on the Track" June 8th
- Hines Creek Homesteader Lodge Seniors Community BBQ & Open House -June 9th



New & Noteworthy

Huge welcome to our new resident Gail!

We hope you enjoy your new home with us at the Homesteader Lodge

Homesteader Lodge

Newsletter

Special Dates Huge Happy Birthday's To: Marcel – June 14th Troy – June 17th Lisa – June 22nd

John – June 24th

North Peace Housing Foundation

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Homesteader Lodge, NPHF
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