

Del-Air Lodge March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	4

<p style="text-align: center;">Schedule may change, please check the Calendar in the Dining Room for updates.</p>			<p style="text-align: center;">1</p> <p>10:15 – Chair Yoga 1:15 – Game Day w Rosary Junior High 2:30 – Teatime 3:00 – WHIST</p>	<p style="text-align: center;">2</p> <p>9-12 – Handivan 1:15 – Bingo 3 – St Patrick’s Day Craft</p>	<p style="text-align: center;">3</p> <p>10:15 – Hymn singing w the Peter’s Family 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour</p>	
5	6	7	8	9	10	11
	<p>1 – Cribbage 3 – Book Club w Carol Knauft</p>	<p style="text-align: center;"><u>Toonie Tuesday</u></p> <p>9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 2:30 – Books on Wheels 3 – Saint Patrick’s Day Activity Book</p>	<p>10:15 – Chair Yoga 1 – Gr 5 visit 2:30 – Teatime 3:00 – WHIST</p>	<p>9-12 – Handivan 1:15 – Bingo 3 – Painting Club</p>	<p>10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour</p>	
12	13	14	15	16	17	18
	<p>1 – Cribbage 3 – Music Monday w Liz Zatelny</p>	<p style="text-align: center;"><u>Toonie Tuesday</u></p> <p>9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 7:00 – Sam & Miranda (singing)</p>	<p>10:15 – Chair Yoga 1:15 – Floor Curling Bonspiel 2:30 – Teatime 3:00 – WHIST</p>	<p>9-12 – Handivan 1:15 – Bingo 3 – Game Time: Shut The Box</p>	<p style="text-align: center;"><u>St Patrick’s Day</u></p> <p style="text-align: center;"><i><u>Don’t forget to wear green!</u></i></p> <p>10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Saint-Patrick’s Day Party w Happy Hour</p>	
19	20	21	22	23	24	25
	<p style="text-align: center;"><u>FIRST DAY OF SPRING</u></p> <p>1 – Cribbage 3 – Book Club w Carol Knauft</p>	<p style="text-align: center;"><u>Toonie Tuesday</u></p> <p>9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 2:30 – Books on Wheels</p>	<p>10:15 – Chair Yoga W Betty May 1 – Game Time: Rummikub 2:30 – Teatime 3:00 – WHIST</p>	<p>9-12 – Handivan 1:15 – Bingo 3:00 - Dutch Shuffleboard</p>	<p>10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour w Gift Cart</p>	
26	27	28	29	30	31	4
<p>3 – The Hilltop Singers</p>	<p>1 – Cribbage 3 – Music Monday Hymns</p>	<p style="text-align: center;"><u>Toonie Tuesday</u></p> <p>9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo</p>	<p>10:15 – Chair Yoga 1 – Bus Trip Celebration 2:30 – Teatime 3:00 – WHIST</p>	<p>9-12 – Handivan 1:15 – Bingo 3:00 – Colouring Club</p>	<p>10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 7 – Birthday Party w Happy Hour</p>	

“Everyone has
a place to call
Home”



Message From the Manager

Let's see if the weather folklore is true...
If March comes in like a lion, it will go out like a
lamb! The good news is we know Spring is on its
way this month!

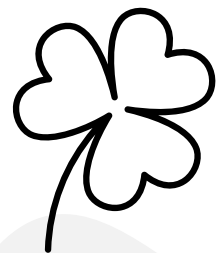
Concerns and Complaints and Suggestions

The staff is well equipped to deal with your
concerns. If there is an issue (big or small) please
ensure to let a staff member know. We will try to
alleviate the issue to the best of our ability and
ensure communication with all staff members to
stop it from happening again. We welcome all
suggestions to make living here a great experience.
Please stop by my office if there
anything you would like to discuss.

May you have all the happiness
& luck that life can hold – and
at the end of your rainbow
find your pot of gold!

Sharon Henitiuk

Del-Air Lodge Newsletter



Events

March 15th: It's Floor Curling Bonspiel time!
Sign up your team (2 people) for a chance to
become the Del-Air "A" Event winners of 2023!

March 17th: Let's celebrate Irish heritage during
our Saint-Patrick's Day Party! Make sure you
Wear Green or you might get pinched!

March 29th: Bus Trip to the Snack Shack for a
treat to celebrate Jolien obtaining her Class 4
license. Sign up if you would like to join!

March 31st: **Birthday Party** with Vic and the
Chicks at 7pm. Invite your friends & family to
celebrate!

New & Noteworthy

New Employee - Zia Ramos is our newest staff. She
will be making her rounds to introduce herself!

New Game - Dutch Shuffleboard

This game is played on an unidirectional board
meaning you only shoot your small discs in one
direction where it will land in one of four scoring
boxes that has a different value. It can be played by
all ages while sitting or standing. Try it out on **March
30 @ 3 pm** in the dining room.

Just a reminder that we will have the **gift cart** out
March 24th @ 2:30 pm in the Dining Room. Please
bring all your tokens you have gained
during activities to exchange them for
prizes.

Special Dates

March 1st: Afternoon of games (Curling, Bean Bag
Toss, Bowling) with Rosary Jr. High @ **1:15 pm**.

March 8th: MES Grade 5 buddies visit @ **1pm**

March 12: The start of Day Light Savings.

Turn your clock ahead 1 Hour!


Happy Birthday!

Delbert Black – Mar 17th

Betty Lepchuk – Mar 25th

Neil Munroe – Mar 30th

Harvest Lodge April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				APRIL SHOWERS BRING MAY FLOWERS		1 Personal Touch Fashions 10 am – 2 pm Ladies & Men's attire available
2 Christian Reform Church 3:30	3 Angela taking the bus to Grimshaw for inspection! Bingo 2:00 Lois Alexander & Piano Students 7:00 pm	4 Exercise 9:00 65 @ 10:00 Mass @2:00 Card Bingo 2:45	5 Going to Walmart Peace River Shopping Leaving at 10:30 Go for lunch at Tim Hortons or Mcdonalds	6 65 @ 10:00 Shopping @ 10:30 Easter Celebrations 2:30 Easter Egg Hunt All Day	7 Good Friday Angela not in Today	8 Seventh Day Adventist Church 2:15
9 Happy Easter Eureka Mennonite Church Choir 3:00	10 Easter Monday Angela not in Today	11 Exercise 9:00 65 @ 10:00 Mass @2:00 Card Bingo 2:45 Vic & The Chicks 7:00	12 Exercise 9:00 Floor Kurling 10:30 Show & Tell 2:30	13 65 @ 10:00 Shopping @ 10:30 Shuffleboard Bowling 2:30	14 Exercise 9:00 Stay Sharp 10:30 Horse Racing Game 2:30	15
16 Fairview Gospel Chapel 3:30 VOLUNTEER WEEK →	17 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	18 Exercise 9:00 65 @ 10:00 Mass @2:00 Card Bingo 2:45	19 Exercise 9:00 Floor Kurling 10:30 Spring Craft 2:00	20 65 @ 10:00 Shopping @ 10:30 Shuffleboard Bowling 2:30 Fred K 6:00	21 Volunteer Supper 5:00	22
23 St. Paul's United Church 3:30 <hr/> 30 Christian Reform Church 3:30	24 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	25 Exercise 9:00 65 @ 10:00 Mass @2:00 Card Bingo 2:45	26 Angela Not In Today Floor Kurling 10:30	27 Angela Not In Today Crib 1:30 Happy Trails 7:00	28 Angela Not in Today Shuffleboard bowling 2:30	29

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Message From the Manager

It's that time of year again, Annual Income Review. I will be needing your **2022 Notice of Assessments** submitted to the manager no later than May 19th. If you have any questions, please come see me!

The spirit of Easter is all about hope, love, and joyful living.

Happy Easter!!

Kelli Drake

New & Noteworthy

Personal Touch Fashions will be here at the Harvest Lodge April 1st at 10:00 am.

It's a good time to invite your family and friends for a tea or coffee and do some shopping.

They will have men and women's clothing available.

Community Events

Volunteer Week

**Volunteer week runs
April 16th – 22nd**

**We must remember to thank
our volunteers who take time
out of their busy schedules to
come spend time with us.
Friday, April 21st we will show
them our appreciation!**


**Harvest
Lodge**

Newsletter

Special Dates

**My Birthday
Machuk April 3rd
Machett April 12th
McDonald April 13th
Pete Thoma April 19th
Alphonse Pfoh April 24th
Gayle Hart April 28th
Verna Gelech April 28th**

Heritage Tower Lodge April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
City On the Hill Church Every Sunday at 3:00 on 6 th Floor		Church on 6 th Every Tuesday at 10:00am on 6 th Floor	Bible Study w/Mary Every Wednesday at 3:00 on 6 th Floor			1 April Fools Day 😊 6:30 Movie & Popcorn
2 10:00am-2:00pm Personal Touch Clothing Everyone is Welcome to Shop! Invite your family/friends	3 9:00 Pool Games 10:30 Exercise 1:30 Floor Kurling 3:30 Sequence	4 9:00 Walk a bout 10:30 Shuffleboard 1:30 Paint day with Brieanne 3:30 Noodleball	5 9:00 Pool Games 10:30 Exercise 1:30 Presentation AHS Falls Prevention 3:30 Easter Trivia	6 1:30 Shuffleboard 3:30 Peter Rabbit Story- Win a Prize 6:30 Vic & Chicks Band	7  Good Friday	8 6:30 Movie & Popcorn
 Easter Sunday	 Easter Monday 7:00 Nampa Gospel sing	11 9:00 Walk a bout 10:30 Shuffleboard 1:30 Fred on Guitar 3:30 Jenga	12 9:00 Pool Games 10:30 Exercise 1:30 Coffee Uptown 3:30 Bean Bag	13 1:30 Tour of Art Center & Tea/Crumpets 3:30 Yahtzee 6:30 Laliberte Band	14 7:30 Ladies Breakfast 10:30 Exercise 11:30 50/50 1:30 10c Bing0 w/ Morgan	15 3:00 Heart Valley Youth Group to sing 6:30 Movie & Popcorn
16 Volunteer Week →	17 9:00 Pool Games 10:30 Exercise 1:30 Foot Spa 3:30 Horse Racing	18 9:00 Walk a bout 10:30 Shuffleboard 1:30 Book Mobile 3:30 Fit Minds-Catagories	19 9:00 Pool Games 10:30 Exercise 1:30 Northern Comfort Band & Open House	20 10:30 Shuffleboard 1:30 Bus to the Baytex Energy Center Intergenerational Walking 6:30 Ray Lavoie on guitar	21 9:00 Pool Games 10:30 Exercise 11:30 50/50 1:30 Bing0 Misc. Prizes 3:30 Word Hunting	22 6:30 Movie & Popcorn
23 <hr/> 30	24 9:00 Pool Games 10:30 Exercise 1:30 Crafts 2:00 P.C. Hearing	25 9:00 Floor Kurling Bonspeil All day 10:30 Walk a bout 1:30 Darts 3:30 Card Game o 2nd	26 9:00 Pool Games 10:30 Exercise 1:30 Walmart Shopping	27 9:00 Walk a bout 10:30 Shuffleboard 11:30 Bob the Pony 1:30 Goodtimers Band Birthday Party 2:00 ATBanking	28 7:30 Men's Breakfast 10:30 Exercise 11:30 50/50 1:30 10c Bing0 w/ Morgan	29 6:30 Movie & Popcorn

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Message From the Manager

New & Noteworthy

April 1st starts us off with April Fools Day!
Remember to play a “friendly” joke before Noon.
As daylight stretches, the smell of new growth is
in the air.

Get ready to celebrate and keep an eye out for
the Easter Bunny!

April gets its name from the Latin word “aperio”,
means-to open or to bud.

The Romans celebrated April as the Sacred
Month of Venus, Goddess of Love & Beauty.

Welcome new Residents:

Heritage Tower Lodge Newsletter

Community Events

12th Coffee Uptown

13th Tour & Tea at the new Art Center

26th Walmart Shopping

Other events around town that may be of interest :

-Farmers Market April 1st & 15th

Saturday 10am-2pm

On the West Hill behind Modern Paint
8002 102ave.

Check out the Peace Regional Swimming Pool in the
North end- 7201-98 Street or find them on Facebook

Special Dates

Happy Birthday

3rd Mary McKenzie

19th Doreen Haydey

25th Arthur Tardif

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2nd 10am-2pm Personal Touch Clothing

5th Falls Prevention Presentation

9th Easter Sunday

19th Open House-Volunteer Appreciation



North Peace Housing Foundation



WWW.NPHF.CA



Heritage Tower Lodge, NPHF
100, 10123 – 103rd AVE, Peace River AB
T8S 1J8



780-624-3919

Homesteader Lodge April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 April Fools Day!
2 Willie Driedger Music 7:00	3 Exercise 10 Book Club 11 Put up Easter Decorations 2:45 Fairview Community Choir Easter Presentation 7:00	4 Exercise 10 Book Club 11 Easter Egg Decorating 2:45 FV Ministry 7:00	5	6 Exercise 10 Book Club 11 Fred & his Guitar 2:00pm Letter writing – Writing back to our Pen Pals! 2:45	7 Good Friday Dean – Tai Chi – 7:00	8 Movie Night at 7:00pm Happy Birthday Evelyn! 
9 Happy Easter! 	10 Easter Monday	11 Exercise 10 Book Club 11 Spa Day with Dakota – Please sign up FV Ministry 7:00	12 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:45 Happy Trails Band with Ernie Kobbert 7:00	13 Exercise 10 Book Club 11 Eureka Mennonite Church Music Group 7:00	14 Residents Association Meeting 10:00am Trade Show Set Up Dean – Tai Chi – 7:00	15 Trade Show at Dave Shaw Starla - Youth Music Group 6:30pm
16 Start of Volunteer Week AOL Fellowship Music 7:00pm	17 Happy Birthday Veronica! 	18 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:30 FV Ministry 7:00	19	20 Exercise 10 Book Club 11 Earth Day Craft 2:45	21 Exercise 10 Book Club 11 Volunteer Recognition Party 2:00 Dean – Tai Chi – 7:00	22 Happy Earth Day! 
23 <hr style="width: 100%;"/> 30	24	25 Olga - Exercise 10 Fairview Fine Arts Centre 1:00 FV Ministry 7:00	26 Olga -Exercise 10 Movie Afternoon 2:00pm	27 Olga -Exercise 10 Bingo with John & Lynn 2:00	28 Dean – Tai Chi – 7:00	29

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Message From the Manager

The month of April is a time for new beginnings!! Find time in your day to enjoy the sunny warm weather in our Northern Alberta surroundings.

We have a lot of activities this month Easter egg decorating, Tai Chi, Spa Day, Bingo, Fellowship, Crafts, Music, and Movie nights. The Annual Agricultural Trade Show is on April 15, come on down and see what NPHF housing has to offer.

Volunteer week is April 16-22, 2023. We will be having a Volunteer Appreciation Day here at Homesteader Lodge on the 21st of April. These are the people that give freely of their time to assist our seniors with a variety of social activities. Remember to tell them how much they are appreciated!

Tara Schlichter

Community Events

AG Trade Show – April 15th, 2023

Dave Shaw Memorial Complex

10:00am – 6:00pm

Drop-In Center open each Tuesday for games and cards from

1:00pm – 4:00pm

Every second Tuesday is a Potluck Supper at 5:00pm at the Drop-In Center.

New & Noteworthy

New Music Guests this month:

- Fred and his Guitar – April 6th
- Valley Christian Youth Group Music – April 15th

Writing back our Pen Pals! – April 6th

Homesteader Lodge Newsletter

Special Dates

Easter Weekend! – April 7th – 10th

Residents Association Meeting – April 14th

Volunteer Week April 16th – 22nd

Volunteer Recognition Party – April 20th

Earth Day – April 22nd

Huge Happy Birthday's to:

Evelyn Bondaruk – April 18th

Veronica Welmley – April 17th