

Del-Air Lodge May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Schedule may change, please check the Calendar in the Dining Room for updates.			1	2	3	4
			10:15 – Chair Yoga 1:30 – Dutch Shuffleboard 2:30 – Spring Snack 3:00 – Earth Day Activity Book	9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: WHIST	10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	
	5	6	7	8	9	10
	1:00 – Cribbage 3:00 – Music Monday	<u>Toonie Tuesday</u> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO	10:15 – Chair Yoga 1:30 – Bean Bags 2:30 – Ice Cream Treat 3:00 – Colouring Club	9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: 10 000 Dice Game	10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	
	12	13	14	15	16	17
Mother's Day 2:30 – mothers day cookie	1:00 – Cribbage 3:00 – Hymn Singers	<u>Toonie Tuesday</u> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO 3:00- Books on Wheels	10:15 – Chair Yoga 1:30 – Bocce Ball 2:30 – Spring Snack 3:00 – Craft	9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Rummikub	10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	18
19	20	21	22	23	24	25
	Victoria Day	<u>Toonie Tuesday</u> 10:15 – Exercises 11:00 – Walking Club 1:15 – BINGO	10:15 – Chair Yoga 1:30 – Cornhole 2:30 – Ice Cream Treat 3:00 – Mother's Day Activity Book	9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Yahtzee	10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 2:30 – Happy Hour	
26	27	28	29	30	31	
	1:00 – Cribbage 3:00 – Book Club	<u>Toonie Tuesday</u> 1:15 – BINGO 3:00- Books on Wheels 3:30- Walking Club 7:00 – Popovich Music Show	10:15 – Chair Yoga 1:30 – MÖlkky 2:30 – Spring Snack 3:00 – Colouring Club	9-12 – Handivan 1:15 – BINGO 3:00 – Gametime: Shut the Box	10:15 – Exercises 11:00– Walking Club 1:00 – Sask Rummy 7:00 – Birthday Party w/ Vic & the Chicks	

Del-Air Lodge

“Everyone has a place to call Home”

Message From the Manager

Sharon Henituk

Events

May – Grade 5 MES: join us in the dining room for a visit with your buddies @ 1:45pm.

May 28th - Popovich Music Show: Join us in the dining room for a great music show @ 7pm. Invite your friends and family to sing along to some songs.

Wednesdays @ 1:30pm – Join us outside for some fresh air and a few games! (weather permitting) Bocce Ball: Sit or stand while you try and roll your ball closest to the target. Cornhole: sit or stand while you and your teammate try and throw a beanbag in the hole. Mölkky: sit or stand while throwing a wooden baton at the pins to be the first to reach 50 pts.

New & Noteworthy

With the weather warming up, we will be incorporating outdoor games and walking club. These will be judged that day with the weather permitting. Some games may change to indoor activities, or we will find a better suited indoor game, and we will walk indoors when the weather is not ideal.

Special Dates

May 12th: Mother’s Day

May 20th: Victoria Day

May : Chair Yoga with Betty May

May : Birthday Party & great music with Vic & The Chicks

Happy Birthday!



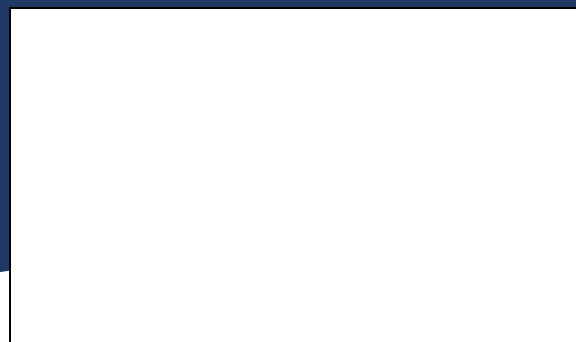
Angela Knievel – May 7th

Harvest Lodge May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chair Yoga @9:00 Beans Bags @10:30 Coffee Time With Dave & Vera @3:00	2 65 @10:00 Shopping @10:30 Jeopardy @2:00	3 Chair Yoga @9:00 Stay Sharp @10:30 Horse Game @2:00	4
5 Eureka River Singers @2:45	6 Exercises @9:00 Shuffle Borad Bowling @10:30 Bingo With	7 Exercises @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Spring Tea LTC @2:15	8 Chair Yoga @9:00 Pool Table @10:30 Coffee Time With Dave & Vera @3:00	9	10	11 Seventh Day Adventist @2:15
12	13 Exercises @9:00	14 Exercises @9:00 65@10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:00 Vic & The Chicks @7:00	15	16 Pressed Flower Lantern Craft @2:00 Fred K. @6:00	17	18
19	20 Exercises @9:00 Jeopardy @10:30 Bingo With	21 Exercises @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:00	22	23	24	25
26 Silver Valley Singers @6:00	27 Exercises @9:00	28 Exercises @9:00 65 @10:00 Loonie Tuesday Mass @2:00 Card Bingo @2:45	29	30 Happy Trails @6:00	31	

Harvest Lodge

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Message From the Manager

New & Noteworthy

Events

Special Dates



Heritage Tower Lodge May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Fresh air walk 10:30 Stretch & Lift 1:30 Bus ride-sightseeing 3:00 ATB / Bible Study 6:30 Texas Holdm.Wendal	2 1:30 Hand Massage 3:30 Ring Toss 6:30 Vic & the Chicks Band	3 9:00 Fitness on 6 th 10:30 Exercise 11:30 50/50 1:30 10c Bingo w/Morgan	4
5	6 9:00 Fitness on 6 th 10:30 Exercise 1:30 Floor Kurling 3:30 Outside Stroll	7 9:00 Pool Games 10:00 church on 6 th 10:30 Shuffleboard 1:30 Rock Painting w/ Grief Support Group	8 10:30 Stretch & Lift 1:30 Coffee & a Treat At Sawridge 3:00 Bible Study 6:30 Texas Holdm.Wendal	9 Mothers Day BBQ Lunch 1:30 Fingernail Painting 6:30 Mothers Day In Celebration with the Laliberte Band	10 9:00 Fitness on 6 th 10:30 Exercise 11:30 50/50 1:30 10c Bing0	11
12 4:15 Living Waters To sing.	13 9:00 Fitness on 6 th 10:30 Exercise 1:30 7:00 Nampa Gospel- singing	14 9:00 Pool Games 10:00 church on 6 th 10:30 Exercise 1:30 3:30	15 9:00 Fresh air walk 10:30 Stretch & Lift 1:30 Northern Cmft Band 3:00 Bible Study 6:30 Texas Holdm.Wendal	16 9:00 Pool Game 10:30 Bob-Therapy Pony 1:30 Hand Massage 6:30 Ray on Guitar	17 7:30 Ladies Breakfast 10:30 Exercise 11:30 50/50 1:30 10c Bingo w/Morgan	18
19	20 <i>Victoria Day Stat</i>	21 9:00 Pool Games 10:30 Shuffleboard 1:30 Trivia w/ Tim w/grief support group	22 9:00 Fresh air walk 10:30 Stretch & Lift 1:30 Outside Game 3:30	23 9:00 Pool Game 10:30 Shuffleboard 1:30 Noodleball 3:30	24 7:30 Men's Breakfast 10:30 Exercise 11:30 50/50 1:30 Card Bing0 25c x 4	25
26	27 9:00 Fitness on 6 th 10:30 Exercise 1:30 Cards with Norma 3:30 Outside Stroll	28 9:00 Pool Games 10:30 Shuffleboard 1:30 Lawn Croquet	29 9:00 Fresh Air walk 10:30 Stretch & Lift 1:30 Walmart Shopping 6:30 Texas Holdm.Wendal 7:15 Living Waters-Singing	30 9:00 Pool Games 10:30 Shuffleboard 1:30 Goodtimers Birthday Party & HH	31 10:00 Anita & Puma Dog 11:30 50/50 1:30 10c Bing0 w/Morgan	Norma

Heritage Tower Lodge

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Message From the Manager

New & Noteworthy

Events At HTL








Special Dates

Happy Birthday

2 Agnus Clark
3 Wally Gushulack
3 Warren Dunbar
6 Melvin Auger
6 Carol Arkinstall
12 Clair Taylor
16 Marjorie Riczu
26 Betty Rondeau
28 Chris Parker

Homesteader Lodge May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Exercise 10 Book Club 11 Spring Craft Day 2:45 Ernie Kobbert 7:00	2 Exercise 10 Book Club 11 AHS Course 1-4	3 Residents Association Meeting 10:00 Residents Choice 2:30	4
5 Happy Birthday Annie P Willie Driedger Music 7:00 	6	7 Exercise 10 Book Club 11 Get flower beads ready to plant 2:30 FV Ministry 7:00	8 Exercise 10 Book Club 11 FV to get walkers fixed 1:00 Happy Trails Band 7:00	9 Exercise 10 Book Club 11 Pick up flowers from playschool and plant 1:00 Eureka Mennonite Music 7	10	11
12 Happy Mother's Day Happy Birthday Norman 	13 Exercise 10 Book Club 11 Mother's Day Happy Hour 2:30 	14 FV Ministry 7:00	15 Exercise 10 Book Club 11 Crafting with Michelle 2:00	16	17 Exercise 10 Book Club 11 Movie and Popcorn!	18 May long weekend
19 AOL Fellowship 3:00pm	20 Victoria Day (Holiday)	21 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:45 FV Ministry 7:00	22 Exercise 10 Book Club 11 FV to get walkers fixed 1:00 Crafting with Michelle 2:00	23 Exercise 10 Book Club 11 Spa Day – Please sign up with Dakota	24	25
26	27	28 FV Ministry 7:00	29 Exercise 10 Book Club 11 Homemade ice-cream making Day 2:30	30 Exercise 10 Book Club 11 Bob the Pony – after lunch 	31 Exercise 10 Book Club 11 Armchair Travel 2:45	

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Hello Everyone!!

In the month of May we have many things to celebrate. Happy Birthday to two of our residents on their birthdays and its Mother’s Day on Sunday the 12th. A variety of activities happening, preparing our flower beds for the plants we have ordered, music, crafts, spa day, prize bingo getting our walkers tuned up!! Thank you to NPHF, our furniture will be arriving this month sometime.

With the weather so nice lately, getting out for a walk has many benefits. It helps with your sleep, mental health, heart health, body strength. Encourage your neighbor to join you.

Staying hydrated is important all year round but the summer months your body will need more hydration due to increased sweating. Water is also important to regulate body temperature, brain function, and lubrication for our joints.

With fire season is approaching, I would like to remind everyone to please sign out when you are leaving the facility. It is very important so if we have to evacuate, we are able to locate where you are, to ensure the safety of everyone. Have your overnight bags packed and easily accessible.

Hope your month is positively aMAYzing!!

Tara Schlichter

New & Noteworthy

Walker Repairs:

The Residents needing walkers repaired have been contacted and appointments are in the making to get walkers fixed or replaced.

Thank you for all your patience on this project.

Community Events

Drop-in Center open each Tuesday
1-4pm.

Every second Monday FREE Seniors lunch at Drop-in Center. (May 13th)

Special Dates

Happy Birthdays to:

Annie Pienazko – May 5th

Norman Lemke – May 12th