

Del-Air Lodge January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	<u>Toonie Tuesday</u> 2 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – BINGO	3 10:15 – Chair Yoga 1:30 – Curling 2:30 – Winter Snack 3 – Colouring Club	4 9-12 – Handivan 1:15 – BINGO 3 – WHIST	5 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	6
7	8 1 – Cribbage 3 – Book Club w Eileen Gerrits	<u>Toonie Tuesday</u> 9 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – BINGO 3 – Books on Wheels	10 10:15 – Chair Yoga 1:30 – Bean Bag Toss 2:30 – Winter Snack 3 – Activity Book	11 9-12 – Handivan 1:15 – BINGO 3 – WHIST	12 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	13
14	15 1 – Cribbage 3 – Hymn Singers- cancelled	<u>Toonie Tuesday</u> 16 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – BINGO	17 10:15 – Chair Yoga 2:30 – Winter Snack 3 – Curling	18 9-12 – Handivan 1:15 – BINGO 3 – Resident Association Meeting	19 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	20
21	22 1– Cribbage 3 – Music Monday w Liz Zatelny	<u>Toonie Tuesday</u> 23 9:30 - Mass 10:15 – Exercises 11– Walking Club 1:15 – BINGO 3 – Books on Wheels	24 10:15 – Chair Yoga w Betty May 1:45 Grade 5 MES Buddies 2:30 – Winter Snack 3 – Colouring Club	25 9-12 – Handivan 1:15 – BINGO 3 – WHIST	26 10:15 – Exercises 11 – Walking Club 1 – Sask Rummy 7 - Birthday Party w Vic & the Chicks	27
28	29 1 – Cribbage 3 – Music Monday	<u>Toonie Tuesday</u> 30 9:30 – Mass 10:15 – Exercises 11– Walking Club 1:15 – BINGO	31 10:15 – Chair Yoga 1:30 – Curling 2:30 – Winter Snack 3 – Winter Craft			

Del-Air Lodge

“Everyone has a place to call Home”

Message From the Manager

I am looking forward to embracing with you all the new & exciting changes 2024 will bring!

A reminder when the weather is colder – it is very important that everyone is **closing their windows**, this is to ensure that the pipes in your radiator that transport water **do not freeze and consequently burst**. You will be held financially responsible for all damages if this occurs. If your room is too warm, please consider turning down your heat.

Resident & Family Councils Act legislation gives residents and their families the right to establish self-governing councils at licensed supportive living facilities. The Act does not require residents or their families to have a council, but it does set rules to help form one. It requires an operators (NPHF Recreation Attendant) assistance, by sharing information and providing space for meetings.

Reminder: if you have any concerns complaints or suggestions, please notify the staff or myself and we will do our best to deal with your requests in a timely manner.
Thank You

Sharon Henitiuk

Events

Birthday Party
with Vic & the Chicks
January 27th @ 7pm

Invite your family & friends to join us for the evening!



*Happy New Year
To the Residents of Del-Air Lodge.
May 2024 be filled with Love,
Joy and Happiness!*

New & Noteworthy

We give a warm welcome to our newest residents, **Angela Knievel & Bill Whillans**.

A Big Thank You again to all the residents for adapting to the changes that are happening in our Facility!

Special Dates

January 1st – New Years Day

January 18th @ 3 pm - Resident Association Meeting

January 24th @ 1:45pm – MES Grade 5 Buddy Visit

January 24th @ 10:15- Chair Yoga with Betty May

Happy Birthday!



Irene Basco January 3rd

Jean Proskurniak January 4th

Dan Woloszyn January 29th

Harvest Lodge January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy New Year!!	2 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	3 Chair Yoga 9:00 Floor Kurling 2:00 Marsha Ellen & Bonnie coffee time 3:00	4 65 @ 10:00 Shopping 10:30 Cake & Ice Cream 2:30 Don & Bertha 60 th Ann.	5 Exercise 9:00 Stay Sharp 10:30 Bingo 2:00	6
7 Happy Ukrainian Christmas	8 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	9 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30 Vic & Chicks 7:00	10 Chair Yoga 9:00 Floor Kurling 2:00 Marsha Dave & Vera coffee time 3:00	11 65 @ 10:00 Shopping @ 10:30 Shuffleboard Bowling 2:30	12 Exercise 9:00 Stay Sharp 10:30 Horse Racing Game 2:30	13 Seventh Day Adventist 2:15 MFT Winterfest Whitlaw
14 Eureka River Singers 3:00	15 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	16 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	17 Chair Yoga 9:00 Floor Kurling Tournament 2:00 Sign Up! Dave & Vera Coffee time 3:00	18 65 @ 10:00 Shopping @ 10:30 Shuffleboard Bowling 2:30 Fred K 6:00	19 Exercise 9:00 Stay Sharp 10:30 Card Making Norma 1:30	20 Malanka Ukrainian EE Oliver
21	22 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	23 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	24 Chair Yoga 9:00 Floor Kurling 2:00 Dave & Vera Coffee time 3:00	25 65 @ 10:00 Shopping @ 10:30 Shuffleboard Bowling 2:30 Happy Trails 7:00	26 Exercise 9:00 Stay Sharp 10:30 Crib 1:30	27
28 Silver Valley Singers 6:00	29 Exercise 9:00 Bean Bags 10:30 Bingo 2:00	30 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	31 Chair Yoga 9:00 Painting 2:00			

Harvest Lodge

“Everyone has a place to
call Home”

Message From the Manager

I wish you all Peace, joy,
and happiness with
endless blessing in the
new year ahead.

Kelli.

New & Noteworthy

I am excited to start my new
position as administration Assistant
starting February 1st, 2024.

Dave & Vera will be away on
January 3rd. Bonnie Evans and Ellen
Dalke will be here for coffee time
that day.

Events

January 13th

MFT Winterfest
in Whitelaw.
Please sign up.

January 20th

Malanka
at EE Oliver School.
Please sign up.

Special Dates

Happiest of Birthday's

Ruby Fox 5th

Anne Lazorko 5th

Mary Miller 10th

Fred Sydorko 17th

Jennie Rolling 28th

Anne Dickmann 31st

Heritage Tower Lodge January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Years Eve with Ray Lavoie on Guitar 6:30	1 	2 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Floor Kurling 3:30 Yahtzee on 2 nd	3 9:00 Pool Games 10:30 Exercise 1:30 Paint the Picture 3:00 Bible Study	4 1:30 Shuffleboard 3:30 Sequence w/ a twist 6:30 Vic & the Chicks Band	5 7:30 Ladies Breakfast 10:30 Exercise 11:30 50/50 1:30 misc. BingOw/Morgan	6
7	8 9:00 Cribbage on 2 nd 10:30 Simon says Exercise 1:30 Horse Racing 7:00 Nampa Gospel to sing	9 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Fred on Guitar 3:30 Crazy 8's Cards	10 9:00 Pool Games 10:30 Exercise 1:30 Floor Kurling 3:00 Bible Study	11 1:30 Shuffleboard 3:30 Darts on 2 nd 6:30 Laliberte Band	12 9:00 Pool Games 10:30 Exercise 11:30 50/50 1:30 Card BingO	13
14	15 9:00 Cribbage on 2 nd 10:30 Exercise 1:30 Winter Spelling "B" 3:30 Jenga	16 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Painting Fingernails 3:30 Undecorating	17 9:00 Pool Games 10:30 Exercise 1:30 Northern Comfort Band 2:30 ATB banking	18 Leslie is away 10:30 Cards on 2 nd 1:30 Shuffleboard practice 6:30 Ray Lavoie on guitar	19 Leslie is away 9:00 Pool Games 10:30 Simon Says Exercise 1:30 10c BingO w/ Morgan	20
21	22 9:00 Cribbage on 2 nd 10:30 Exercise 1:30 Floor Kurling 3:30 Noodleball	23 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Cards w/ Norma 2:30 Book Mobile	24 9:00 Pool Games 10:30 Exercise 1:30 Walmart Shopping 3:00 Bible Study	25 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Birthday Party w/ The Goodtimer Band	26 7:30 Men's Breakfast 10:00 Anita & Puma Dog 11:30 50/50 1:30 10c BingO	27
28	29 9:00 Cribbage on 2 nd 10:30 Exercise 1:30 Red Earth Youth Group to visit 2:00 P.C. Hearing	30 9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Word Hunting 3:30 What's New-Chat	31 9:00 Pool Games 10:30 Exercise 1:30 Horse Racing 3:00 Bible Study	Every Tuesday— 10:00 Church on 6 th		Every Wednesday— 6:30 Texas Holdem' Cards w/ Wendle

Heritage Tower Lodge

“Everyone has a place
to call Home”



Message From the Manager

Happy New Year!
2024

As the New Year approaches us with hopes anew, here is to wishing you and your family a wonderful year ahead.

There will be a memo coming out in the coming days for all residents regarding the new lodge rates for the 2024 year.

Heritage Tower Lodge is looking to hire some casual staff. If you or someone you know is looking for a fulfilling job working with seniors, please reach out to me.

Mellissa Henitiuk

New & Noteworthy

Hello 2024 !

*This is the month to reflect on our
past year.*

Memories keep our hearts happy.

Mindfulness keeps our heads clear.

The future brings us hope for the
New Year 😊

We would like to Welcome

Dorothy Nicklason

To the Heritage Tower Lodge

Events

At HTL

Jan. 4th 6:30 Vic & the Chicks Band

Jan.8th 7:00 Nampa Gospel to sing

Jan.9th 1:30 Fred Kerschbaumer on guitar

Jan.11th 6:30 Laliberte Band

Jan.17th 1:30 Northern Comfort Band

Jan.18th 6:30 Ray Lavoie on guitar

Jan.25th 1:30 The Goodtimers Band

(HTL Birthday Party)



Special Dates

Happy Birthday

4th Carole Schwuchow

13th Dorothy Ball-Grant

13th Darlene Buller





15th Bill Stone

23rd Klass Sipma

27th Charlotte Fisher

28th Tom Halford

Homesteader Lodge January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years Day 	2 Exercise 10 Book Club 11 Take down Christmas Decorations 2:00 FV Ministry 7:00	3 Exercise 10 Book Club 11 Ukrainian Craft 2:30	4 Takara Bingo 2:30	5 Residents Annual General Meeting 10:00am Retirement Party for Mary 3:00pm	6 Joseph Giesbrecht and Family Music 7:00pm
7 Ukrainian Christmas Happy Birthday Mary! Grandma Hays & the Hayseeds 2:30 Willie Driedger Music 7:30pm 	8	9 Exercise 10 Book Club 11 Floor Curling 2:30 FV Ministry 7:00	10 Exercise 10 Book Club 11 Ukrainian Christmas Lunch Happy Trails Band 7:00	11 Exercise 10 Book Club 11 Horse Racing 2:45 Eureka Mennonite Church Music 7:30	12	13
14 Happy 106th Birthday Lena!! 	15 Exercise 10 Book Club 11 Lena Birthday Party 2:30	16 FV Ministry 7:00	17 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:30	18 Hines Creek Arts & Crafts Club - Winter Craft 1:30-2	19 Exercise 10 Book Club 11 Spa Day with Dakota- Must sign up	20 Movie Night and Popcorn! 
21	22	23 Exercise 10 Book Club 11 FV Fine Arts Center 1:30 FV Ministry 7:00	24 Exercise 10 Book Club 11 No Bake Cookies 2:00	25 Exercise 10 Book Club 11 Glass Fusion – Sharon – MUST SIGN UP	26	27
28	29 Exercise 10 Book Club 11 Painting with Dakota 2:45 Happy Birthday Billi! 	30 FV Ministry 7:00	31 Exercise 10 Book Club 11 Armchair Travel 2:30 Happy Birthday Linda! 			

**“Everyone has
a place to call
Home”**



Message From the Manager

New beginnings, resolutions, bucket lists,
What are your plans for 2024?

This month we have a few celebrations
for staff and residents. Lots of
entertainment will be here this month,
remember to check your Calendars.

Due to the influenza outbreak we will be
Re-scheduling the family Christmas
Dinner and we will let you know the
date.

Many thanks to everyone who sent
flowers, candies, and secret Santa gifts to
our Residents, we so appreciate the
generosity.

The new service rate changes
for residents will take effect
February 1, 2024.

Tara Schlichter

Homesteader Lodge Newsletter

Community Events

**Drop-in Center open each Tuesday
1-4pm.**

**Every second Monday FREE Seniors lunch
at Drop-in Center. (January 8th)**

New & Noteworthy

**Keep an eye out for
requested activities: Horse
Racing, Floor Curling, Baking
and Bingo!**

Special Dates

Huge Happy Birthdays to:

January 7th – Mary Friesen

January 14th -Lena Zavisha! Turning 106!

January 29th – Billi McDonald

January 31st – Linda Aguilar

Del-Air Lodge February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9-12 – Handivan 1:15 – BINGO 3 – WHIST	2 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	3
4	5 1 – Cribbage 3- Book Club w/ Eileen Gerrits	6 <u>Toonie Tuesday</u> 10:15 – Exercises 11 – Walking Club 1:15 – BINGO 3 – Books On Wheels 3 – Snowman Activity Book	7 10:15 – Chair Yoga 2:30 – Music w/ Cassandra Vreeling 2:30 – Winter Snack	8 9-12 – Handivan 1:15 – BINGO 3 – WHIST	9 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	10
11	12 1 - Cribbage 3 – Valentine’s Craft w/ Liz Zatelny	13 <u>Toonie Tuesday</u> 10:15 – Exercises 11 – Walking Club 1:15 – Valentine’s BINGO	14 <u>Valentine’s Day</u> 10:15 – Chair Yoga 1:30 – Grade 5 Buddy Visit 2:30 – Valentine’s Party 3 – Colouring Club	15 9-12 – Handivan 1:15 – BINGO 3 – WHIST	16 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30 – Happy Hour	17
18 2 – Let’s Celebrate Our Families!! Invite them for coffee & cookies.	19 <u>Family Day</u> <u>Brunch for Lunch</u>	20 <u>Toonie Tuesday</u> 10:15 – Exercises 11 – Walking Club 1:15 – BINGO 3 – Books On Wheels	21 10:15 – Chair Yoga w/ Betty May 1:30 – Bean Bag Toss 2:30 – Winter Snack 3 - Painting	22 9-12 – Handivan 1:15 – BINGO 3 – WHIST 7- Birthday Party w Vic & the Chicks	23 10:15 – Exercises 11– Walking Club 1 – Sask Rummy 2:30- Happy Hour	24
25	26 1 - Cribbage 3 - Music Monday	27 <u>Toonie Tuesday</u> 10:15 – Exercises 11 – Walking Club 1:15 – BINGO	28 <u>Pink Shirt Day</u> 10:15 – Chair Yoga 1:30 – Curling 2:30 – Winter Snack w/ Photobooth 3:30 – Valentine’s Activity Book	29 <u>Leap Day</u> 9-12 – Handivan 1:15 – BINGO 3 – WHIST	Schedule may change, please check the calendar in the Dinning Room for updates.	

Del-Air Lodge

“Everyone has a place to call Home”



Message From the Manager

February is the wonderful month to tell our loved ones how much we love & appreciate them. To help celebrate, we encourage you to invite your family for coffee & cookies on Sunday Feb 18th @ 2pm. It's also a good time to remind them that all visitors must sign in when they enter & sign out when they leave. We ask that all visitors do this in accordance with our Health & Safety Policy (posted throughout the lodge)

Seniors Experience Bullying Too

Bullying among older adults is a serious issue that continues to grow. Bullying behaviour between seniors is likely to occur in small groups. In fact, 20% of seniors in assisted living facilities report having experienced some form of bullying. The most common form of bullying is verbal abuse. Victims may find it difficult to escape these situations because they live in the same facility as their bullies.

Bullying is NOT OKAY.

Pink Shirt Day is a Reminder to Be Kind.

Sharon Henituk

Events

February 7th – Music Join us in the dining room at 2:30pm to listen to the beautiful singing voice of Cassandra Vreeling.

February 12th – Valentine crafts with help from Liz Zatenly at 3pm, to follow she will play the piano.

February 18th– Celebrate Family Day weekend with us! Invite your families to the Del-Air Lodge for cookies and coffee from 2-4pm.

February 28th - Pink Shirt Day – Put on your Pink Shirt and get your picture at the photobooth! This day is to signify the stance against bullying. Let's always **Lift each other up** and have **greater acceptance, respect, and inclusion for everyone!**

New & Noteworthy

The Homecare office has moved to **W20** while renovations are being completed. Ask a staff member if you are unsure where this room is located.

Join us in the dining room for our **Valentine's Day party on Feb 14 @2:30.** Test your knowledge of valentine's trivia for some great prizes!

2024 is Leap Year! Enjoy the extra day in February.

Thank you once again for being patient while we undergo construction in our facility.

Special Dates

February 14th - Valentine's Day

February 14th – MES Grade 5 Buddy Visit @1:30pm

February 18th - Coffee & Cookies With family @2pm

February 19th – Family Day Resident Brunch

February 21st – Chair Yoga with Betty May @10:15am

February 28th – Pink Shirt Day

February 29th – Leap Day

Happy Birthday!




Patricia Reinders February 4th

Magdalen Stang February 14th

Majorie Pasichnuk February 16th

Kathryn Boos February 20th

Harvest Lodge February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling 2:30	2 Exercise 9:00 Stay Sharp 10:30 Freebie Friday	3
4 Eureka River Singers 2:45 Christian reform Church 3:30	5 Exercise 9:00 Jeopardy 10:30 Valentine's Day craft with Kimberley 2:00 pm downstairs	6 Exercise 9:00 65 @ 10:00 Loonie Tuesday Bingo 2:00 Denis & Elise	7 Chair Yoga 9:00 Floor Kurling 10:30 Afternoon coffee Old Bistro 2:30	8 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling 2:30	9 Going to Peace River Walmart shopping 10:00 Please sign up. Freebie Friday	10 Seventh day Adventist 2:15
11	12 Exercise 9:00 Bean Bags 10:30 Bingo 2:00 with Sandra and Donna	13 Exercise 9:00 65 @ 10:00 Loonie Tuesday Card Bingo 2:30 Vic & The Chicks 7:00	14 Chair Yoga 9:00 Valentine's Day tea and snacks 2:30 Coffee time with Dave & Vera 3:00	15 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling 2:30 Fred K 6:00	16 Exercise 9:00 Stay Sharp 10:30 Freebie Friday Floor Kurling 2:00	17
18 Fairview Gospel Chapel 3:30	Happy Family Day	20 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30 with Sandra	21 Chair Yoga 9:00 Floor Kurling 2:00 Coffee time with Dave & Vera 3:00	22 65 @ 10:00 Shopping 10:30 Happy Harvesters Meeting 2:30	23 Exercise 9:00 Stay Sharp 10:30 Freebie Friday Shuffleboard Bowling 2:30	24
25 United Church 3:30 Silver Valley Singers 6:00	26 Exercise 9:00 Bean Bags 10:30 Bingo 2:00 with Denis & Elise	27 Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:30	28 Chair Yoga 9:00 Floor Kurling 2:00 Coffee time with Dave & Vera 3:00	29 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling 2:30 Happy Trails 7:00		

Heritage Tower Lodge February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 every Tuesday Church on 6 th Floor	3:00 every Wednesday Bible Study on 6 th 6:30 every Wednesday Texas Holdem' Cards with Wendle on 2 nd Floor	1	<i>Ground Hog Day</i> 2  9:00 Pool Games 10:30 Exercises 11:30 50/50 1:30 10c Bing0 w Morgan	3
4	5	6	7	8	9	10
	9:00 Cribbage on 2 nd 10:30 Exercise 1:30 Floor Kurling 3:30 Sequence on 2 nd	9:00 Fitness on 6 th Floor 10:30 Shuffleboard 1:30 Sticks (card game) 3:30 Darts on 2 nd	9:00 Pool Games 10:30 Exercise 1:30 Bean Bag 2:00 ATB banking on main 3:30 Word Hunting	1:30 Shuffleboard 3:30 Jenga Blocks 6:30 Laliberte Band	9:00 Pool Games 10:30 Exercises 11:30 50/50 1:30 10c Bing0	
11	12	13	15	16	17	
	9:00 Resident Annual Meeting All residents to attend. 1:30 Painting Fingernails 7:00 Nampa Gospel-sing	9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Valentine Painting Project w/ Grief Support Group 2 nd Floor	9:00 Pool Games  10:30 Exercise 1:30 Fred on Guitar & Valentines Tea to follow	9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Spelling "B" 6:30 Ray On Guitar	7:30 Ladies Breakfast 10:30 Exercise 11:30 50/50 1:30 10c Bing0 w/Morgan 3:30 Scrabble	
18	19	20	21	22	23	24
	Family Day Stat FREE Coffee & Snacks for families during PM Coffee Break Happy Family Day	9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Bean Bag 2:30 Book Mobile	9:00 Pool Games 10:30 Exercise 1:30 North Comfort Band 3:00 Bible Study on 6 th	9:00 Fitness on 6 th 10:30 Bob-Therapy Pony 1:30 Shuffleboard 3:30 Crazy 8's Cards	7:30 Men's Breakfast 10:00 Anita & Puma 11:30 50/50 1:30 Card Bing0(quarters)	
25	26	27	28	29		
1:30 Muzyka Ukrainian Dancers	9:00 Cribbage on 2 nd 10:30 Exercise 1:30 Horse Racing 2:00 Peace Country Hearing	9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Grief support session On 2 nd Floor Open to anyone	9:00 Pool Games 10:30 Exercise 1:30 Walmart Shopping 3:30 Yahtzee on 2 nd	9:00 Fitness on 6 th 10:30 Shuffleboard 1:30 Birthday Party with The Goodtimer Band & Happy Hour		

Heritage Tower Lodge

“Everyone has a place
to call Home”



Message From the Manager

Welcome February!

Please help me welcome our newest resident
Diana Guglich.

February is a very short month, but does not stop us
from a Calendar full of activities.

I hope everyone is enjoying our newest modified menu
approved by our dietician. Any concerns or complaints
please feel free to fill out a card or come see me in my
Office.

Melissa Henitiuk

New & Noteworthy

*Frogs in February?
No, Leap Year has nothing
to do with frogs!*

**This is Leap Year-February
has 29 days.**

**You could be called a
“leaper” if born on February
29th**

**You would celebrate your
Birthday on
Feb. 28th or March 1st**

Events

At HTL

- 1st 6:30 Vic & the Chicks Band
- 8th 6:30 Laliberte Band
- 12th 7:00 Nampa Gospel to sing
- 13th 1:30 Valentine painting with
the Grief Support Group(PVFH)
- 14th 1:30 Fred on guitar & Valentine's
Tea
- 15th 6:30 Ray Lavoie on guitar
- 21st 1:30 Northern Comfort Band
- 27th 1:30 Grief Support Drop-in session
- 29th 1:30 Birthday Party with the
Goodtimer Band





Special Dates

Happy Birthday

- 4 Ambroise Parenteau
- 4 Gary Bard
- 7 Clarence Olson
- 9 Diane Bendicson
- 15 Elmer Elter
- 17 Jeanne Snyder
- 20 Dorothy Nicklason
- 25 Fay Trembay

Homesteader Lodge February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Exercise 10 Book Club 11 Fred & his Guitar 2:00pm Happy Birthday Dell!	2 Residents Association Meeting 10:00am	3 Happy Birthday Tara! 
4 Willie Driedger Music 7:30pm	5	6 Exercise 10 Book Club 11 Floor Curling 2:45 FV Ministry 7:00pm	7 Exercise 10 Book Club 11 Spa Day with Dakota – Please sign up	8 Exercise 10 Book Club 11 Valentines Decorations Eureka Mennonite Church Music 7-7:30	9	10 Joseph Griesbrecht & Family 7:00
11 Super Bowl (Football) 4:30pm	12 Exercise 10 Book Club 11 Valentines Day Craft 2:45	13 FV Ministry 7:00pm	14 Exercise 10 Book Club 11 Valentines Day Tea Happy Trails Band 7:00 Happy Birthday Kass!	15 Set up for Christmas Dinner Make up Christmas Dinner 	16 Hines Creek School Grad Supper – Bus Trip	17
18 AOL Fellowship Music 3:00pm	19 Alberta Family Day Holiday	20 Exercise 10 Book Club 11 FV Fine Arts Center 1:30 FV Ministry 7:00pm	21 Exercise 10 Book Club 11 Baking Day- Rocky Road Popcorn Balls 2:30	22	23 Exercise 10 Book Club 11 Prize Bingo with Dakota 2:30	24
25	26	27 Exercise 10 Book Club 11 Painting with Dakota 2:30 FV Ministry 7:00pm	28 Exercise 10 Book Club 11 Armchair Travel 2:30	29 Exercise 10 Book Club 11 Movie & Popcorn Day 2:30		

**“Everyone has
a place to call
Home”**



Message From the Manager

Happy February Everyone!!

We are halfway through the winter; how fortunate we have been with the great weather.

This month we have a variety of activities. Baking, bingo, spa day, book club, music, fellowship. We also have our make-up Christmas Dinner on the 15th, please remind your families so they can attend.

Special days for February, Family Day Weekend and Valentines Day, the month of Love. Spend some time with the people that matter.

Remember that everyone has a story and is struggling. Always be kind and listen without judgment. We all need a little love sometimes.

Tara Schlichter

Homesteader Lodge Newsletter

Community Events

**Drop-in Center open each Tuesday
1-4pm.**

**Every second Monday FREE Seniors lunch
at Drop-in Center. (January 8th)**

New & Noteworthy

**Make-up Christmas Dinner –
February 15th, 2024.**

**Please RSVP to Dakota by
February 8th, 2024.**

Call: 780-494-3500

Text: 780-772-6777

Email: Dakota.buck@nphf.ca

Special Dates

Happy Birthdays to:

February 1st – Dell Schischikowsky

February 3rd – Tara Schlichter

February 14th – Kass Kehler