

# Del-Air Lodge July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>2</b>	<b>3</b> 1 – Cribbage 3 – Book Club w Eileen Gerrits	<b>4</b> <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises (Video) 11 – Walking Club 1:15 – Bingo	<b>5</b> 10:15 – Exercises 2:30 – Ice Cream Treat 3:00 – Country Drive w Greg	<b>6</b> 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	<b>7</b> 10 – Exercises (Video) 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	
<b>9</b>	<b>10</b> 1 – Cribbage 3 – Music Monday w Kara Walisser	<b>11</b> <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Canada Day Activity Book 1:15 – Bingo 2:30 – Books on Wheels	<b>12</b> 10 – Bus Trip Long Term Care Visit (Play Bingo & coffee) 2:30 – Ice Cream Treat	<b>13</b> 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	<b>14</b> 10 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	
<b>16</b> <b>Celebrating Wild West Week</b> 	<b>17</b> 1 – Cribbage 3 – Music Monday Country Tunes W Kara Walisser	<b>18</b> <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 3 – Western Photo Booth	<b>19</b> <u>Western Wednesday</u> 10:15 – Chair Yoga w Betty May 11 – Shooting targets 1:15 – Horse Races 2:30 – Ice Cream Treat 3:00 – Country Drive	<b>20</b> 9-12 – Handivan 1:15 – Western Bingo  Today NPHF Lodges come to visit us! 😊	<b>21</b> 10 – Exercises 11 – Walking Club 1 – Kickoff Street Bingo 1 – Sask. Rummy 2:30 – Wild West Saloon	<b>22</b> 10:30 – Parade (Theme: Wild West) 1:30 – Baba’s Bingo (BRAS Grounds)
<b>23</b>	<b>24</b> 1 – Cribbage 3 – Book Club w Carol Knauft	<b>25</b> <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 2:30 – Books on Wheels	<b>26</b> 10:15 – Chair Yoga 1:15 – Bean bag Toss 2:30 – Ice Cream Treat 3:00 – Country Drive	<b>27</b> 9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	<b>28</b> 10 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	
<b>30</b> 3 – The Hilltop Singers	<b>31</b> 1 – Cribbage 3 – Music Monday w Liz Zatelny					

# “Everyone has a place to call Home”



## Message From the Manager

We are well into the swing of Summer, and I am loving the weather so far! Construction continues to be in progress and soon we will adapt to the changes, as the transition of joining the new build with the existing building gets underway. **Thank You** all for your continued patience and a **Thank You** to Larry & Chandos Construction for treating us to a wonderful catered lunch, as a **Thank You** to all the residents, staff & workers.



*Sharon Henitiuk*

# Del-Air Lodge Newsletter

## New & Noteworthy

### Happy Canada Day Residents!

Don't forget to wear your Canadian Colors!  
Have fun filling out your Canada Day Activity Book!  
We will go over the answers on Tuesday July 11<sup>th</sup> @ 11am in the craft area.

### Jolien will be on vacation the first week of July.

Please note that recreation activities will continue as usual with a few mild changes. Check the bulletin board daily in the Dining Room for the most up to date activity schedule. If you have any questions, please ask Sharon or any staff member.

We love **Picnics**, so for the summer months July & August, we will serve Wednesdays suppers “Picnic Style”. If you have a favorite picnic food, let us know!

## Events

### July 17<sup>th</sup> – July 21<sup>st</sup>: Wild West Week

This is the week leading up to the 71<sup>st</sup> Celebration of the BRAS Rodeo. We have a week of fun ‘Western’ activities planned. **Horse Races, Shooting Targets, Photo Booth & Saloon Time.** Get ready cowboys and cowgirls!

**Thursday July 20<sup>th</sup>** -We **welcome residents** from all the North Peace Housing Foundation Lodges for lunch and a fun game of **Western Bingo**.

**Friday July 21<sup>st</sup> @ 1pm** – **Kickoff Street BINGO**  
Del-Air Lodge is hosting the street BINGO located on 4<sup>th</sup> Ave SW (Legion Street)

**Saturday July 22<sup>nd</sup> @ 10am** – “**Wild West**” Parade  
The Rodeo Parade Starts at the “Watering Hole” (aka Del-Air Lodge) we will be setting chairs out in the front and offering participants, family & friends watching with us, their morning coffee!

## Special Dates

**July 3<sup>rd</sup> & July 24<sup>th</sup>** – Book club with Eileen Gerrits and Carol Knauft @ 3pm in the craft area.

**July 10<sup>th</sup>, July 17<sup>th</sup> & July 31<sup>st</sup>** – Visits from Kara Walisser and Liz Zatelyny to spoil us with beautiful piano tunes during Music Monday @ 3pm in the dining room.

**July 12<sup>th</sup>** – We will visit Long Term Care in Manning, play Bingo and have coffee together! Please sign up if you would like to go. The bus will leave @ 10 am and will be back in time for lunch.

**July 19<sup>th</sup>** – Dress Up in your Western Wear for Western Wednesday!

## Happy Birthday!

Leo Jaeger - July 3<sup>rd</sup>

Theresa Sonntag – July 6<sup>th</sup>

Mary Greff – July 24<sup>th</sup>

Helen Goodzeck – July 25<sup>th</sup>

## Harvest Lodge July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30.</b>	<b>31.</b> Angela off Today					<b>1</b> <i>Happy Canada day!!!</i>
<b>2</b> Angela on Holidays this week-→	<b>3</b> Bingo with Dennis & Elsie 2:00	<b>4</b> 65 @ 10:00 Mass 2:00 Card Bingo 2:45 With Sandra	<b>5</b> Walk with Marsha 10:00 am  Crib 1:30	<b>6</b> 65 @ 10:00  Shuffleboard Bowling 2:30	<b>7</b> Stay Sharp with Shirley 1:30	<b>8</b>
<b>9</b> <b>Eureka River Singers 3:00</b>	<b>10</b> Exercise 9:00 Bean Bags 10:30 Bingo with Dennis & Elise 2:00	<b>11</b> Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:45	<b>12</b> <b>Going to Norma's for lunch and make cards 10:30</b>	<b>13</b> Angela bringing bus to Lontech 65 @ 10:00 Shuffleboard bowling 2:30	<b>14</b> Exercise 9:00 Stay Sharp 10:30 <b>Bingo with Day Care Children 2:00</b>	<b>15</b> <b>Music in the Park!  Hemstock Park 1:30- 3:30</b>
<b>16</b>	<b>17</b> Exercise 9:00 Bean Bags 10:30 Bingo 2:00	<b>18</b> Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 <b>Going to Pat's for Afternoon coffee 2:00</b>	<b>19</b> Exercise 9:00 Walk 10:30 Ice Cream sundae's 2:30	<b>20</b> <b>Going to Manning Lodge leaving here at 9:30</b>	<b>21</b> Exercise 9:00 Stay Sharp 10:30 <b>Dan &amp; Lucy Lunch and Music 1:45</b>	<b>22</b>
<b>23</b> <b>Silver Valley Singers 6:00</b>	<b>24</b> Exercise 9:00 Bean Bags 10:30 Bingo 2:00	<b>25</b> Exercise 9:00 65 @ 10:00 Loonie Tuesday Mass 2:00 Card Bingo 2:45	<b>26</b> <b>Going to George Lake for Picnic 11:00</b>	<b>27</b> 65 @ 10:00 Shopping 10:30 Shuffleboard bowling 2:30 <b>Happy Trails 7:00</b>	<b>28</b> Exercise 9:00 Stay Sharp 10:30 <b>Afternoon drive 2:00</b>	<b>29</b>

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## Message From the Manager

July marks the peak of summer, it's a great time to enjoy the outdoors, soak up some sunshine and embrace the beauty of nature.

With higher temperatures, it is essential to stay hydrated. Remember to drink plenty of water throughout the day, especially if you plan to engage in outdoor activities. Dehydration can be harmful, so ensure you have easy access to fluids.

Wishing you a delightful month of July ahead!

**Happy Canada Day!!**

# Harvest Lodge Newsletter

## New & Noteworthy

### Summer Patio Series

July 5<sup>th</sup> 6-9 pm Heilan Beer house  
music on the patio

July 6, 7, 8 Community wide garage  
sale.

July 12<sup>th</sup> free BBQ Hemstock Park

## Community Events

### Music in the Park!

July 11<sup>th</sup> & 15<sup>th</sup>

1:30 pm – 3:30 pm

Bring your own chairs and its weather  
depending.

This is in Hemstock park South of  
Fairview Dental.

## Special Dates

### Happy Birthday

Viola Peterson July 2<sup>nd</sup>

Bessie Wayland July 4<sup>th</sup>

Ben Hovelkamp July 14<sup>th</sup>

Beatrice Sydorko July 25<sup>th</sup>

Evelyn Richardson July 30<sup>th</sup>

Dave Gray July 31<sup>st</sup>

## Heritage Tower Lodge July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Church every Tuesday at 10:00 on 6 <sup>th</sup>	Bible Study every Wednesday at 3:00 on 6 <sup>th</sup>			<b>1</b>  <b>Canada Day</b> 1:30 Prize Bing0 with Shawna
<b>2</b>	<b>3</b> <b>Leslie off in lieu of 1<sup>st</sup></b> <b>10:30 Simon Says Exercise</b> <b>1:30 Yahtzee</b>	<b>4</b> <b>9:00 Pool Games</b> <b>10:30 Shuffleboard</b> <b>1:30 Bus to D.Q.</b> <b>(bring money)</b> <b>3:30 Sequence</b>	<b>5</b> <b>9:00 Outside Walk</b> <b>10:30 Exercise</b> <b>1:30 Water Plants &amp;</b> <b>gardening</b>	<b>6</b> <b>9:00 Pool Games</b> <b>10:30 Shuffleboard</b> <b>1:30 Floor Kurling</b> <b>3:30 Noodleball</b>	<b>7</b> <b>7:30 Ladies Breakfast</b> <b>10:30 Exercise</b> <b>11:30 50/50</b> <b>1:30 Card Bing0</b>	<b>8</b>
<b>9</b>	<b>10</b> <b>9:00 Outside Walk</b> <b>10:30 Exercise</b> <b>1:30 Floor Kurling</b> <b>7:00 Nampa Gospel</b> <b>Singing</b>	<b>11</b> <b>9:00 Pool Games</b> <b>10:30 Shuffleboard</b> <b>1:30 Fred On Guitar</b> <b>2:30 Book Mobile</b> <b>3:30 Trace Me</b>	<b>12</b> <b>9:00 Outside Walk</b> <b>10:30 Exercise</b> <b>1:30 Bus to Nampa</b> <b>Museum &amp; Coffee @ café</b> <b>Bring money</b>	<b>13</b> <b>1:30 Painting Fingernails</b> <b>3:30 Yahtzee</b> <b>Water plants/Flowers</b> <b>6:30 Lalibertes</b>	<b>14</b> <b>7:30 Men's Breakfast</b> <b>10:30 Exercise</b> <b>11:30 50/50</b> <b>1:30 10c Bing0 w/ Morgan</b>	<b>15</b>
<b>16</b>	<b>17</b> <b>9:00 Outside Walk</b> <b>10:30 Exercise</b> <b>1:30 Beanbag</b> <b>3:30 Jenga</b>	<b>18</b> <b>9:00 Pool Games</b> <b>10:30 Shuffleboard</b> <b>1:30 Walmart Shopping</b> <b>2:00 ATB Banking</b>	<b>19</b> <b>9:00 Outside Walk</b> <b>10:30 Exercises</b> <b>1:30 Northern C. Band</b> <b>3:30 Getting to know you</b>	<b>20</b> <b>10:30 Bus going to</b> <b>Manning Lodge for lunch</b> <b>(Bring your noon Pills)</b> <b>3:30 Water Plants/Flowers</b> <b>6:30 Ray On guitar</b>	<b>21</b> <b>Leslie away till Aug 8<sup>th</sup></b> <b>10:30 Simon Says Exercise</b> <b>1:30 10c Bingo/Morgan</b>	<b>22</b>
<b>23</b>	<b>24</b> 10:30 Simon says Exercise 1:30 Floor Kurling	<b>25</b> 10:00 Church	<b>26</b> 10:30 Simon says exercise	<b>27</b> 10:30 Bob- Therapy Pony	<b>28</b> 10:00 Pet Therapy with Anita & Puma	<b>29</b>
<b>30</b>	<b>31</b> ----- 10:30 Simon says exercise	1:30 Cribbage on 2nd	3:00 Bible Study on 6 <sup>th</sup>	1:30 Birthday Party with the Goodtimer Band	1:30 Yahtzee on 6 <sup>th</sup> 3:30 Water Plants/Flowers	

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## Message From the Manager

Hello July, 😊

We would like to send a HUGE Thank You too all our Residents that love to care for our Lodge, as we do! The yard & flowers look amazing. Your hard work & dedication do not go unnoticed.

If you have any Family or Friends interested in Volunteering at our Lodge or Driving the bus, please send them Leslie's way. We would love to have someone help fill the shoes of Leslie, while she is away on Vacation.

Enjoy the Beautiful month of July!

Mellissa Henituk

## New & Noteworthy

We invite you to stand and sing  
“Oh Canada”

as we burst into July. The odd rainstorm and blue skies are quite refreshing. Our Flowers are looking splendid between the rains and our little helpers that water them! Thank you!

We would like to Welcome our new residents to Heritage Tower Lodge:

Isabell Blakely  
Delores Giroux  
Sharon Belzile

# Heritage Tower Lodge Newsletter

## Community Events

### Happenings around Town

Fireworks at Riverfront Park June 30<sup>th</sup> 11:59pm

Canada Day celebrations at Riverfront Park July 1<sup>st</sup>  
1:00-4:00pm

Farmers Market July 15<sup>th</sup>

## Special Dates

Happy Birthday






16<sup>th</sup> Henri Piorier

23<sup>rd</sup> Robert Carifelle

28<sup>th</sup> Marlene Kennedy

28<sup>th</sup> Francoise Lussier

## Homesteader Lodge July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <b>Canada Day Pancake Breakfast at the Museum</b>   <b>Happy Birthday Ray!!</b>
2  <b>Willie Driedger Group 7:00</b>	3  Stat Holiday	4  Exercise 10 Book Club 11 Canada Day Celebrations <b>FV Ministry 7:00</b>	5  Exercise 10 Book Club 11 National Hawaii Day – Hawaiian Party 2:00  	6  Exercise 10 Book Club 11 Spa Day – Please sign up with Dakota	7  Residents Association Meeting 10:00  <b>Dean Tai Chi – 7:00</b>	8  <b>Joseph Giesbrecht – Music Group 7:00pm</b>
9	10	11  Exercise 10 Book Club 11 FV Fine Arts Center 1:00 <b>FV Ministry 7:00</b> <b>Happy Birthday Shannon!!</b>	12  Exercise 10 Book Club 11 Pen Pal Letter Writing 2:00 <b>Happy Trails Band 7:00pm</b>	13  Exercise 10 Book Club 11 Balloon Toss – Hand eye Coordination 2:45 Eureka Mennonite Church <b>Music Group 7:00</b>	14  <b>Dean Tai Chi – 7:00</b>	15  <b>Movie Night 7:00</b>   <b>Happy Anniversary to John &amp; Lynn Evans! 18 Years!</b>
16	17  Exercise 10 Book Club 11 Ring Toss – Outdoor 2:45	18  <b>FV Ministry 7:00</b>  	19  Exercise 10 Book Club 11 Prize Bingo with Dakota 2:45	20  <b>Bus Trip to Manning for Lunch – Please Sign Up (Tentative)</b>	21  <b>Dean Tai Chi – 7:00</b>	22
23  _____	24  Exercise 10 Book Club 11 Sensory Stations – Slime 2:30  _____	25  <b>FV Ministry 7:00</b>	26  Exercise 10 Book Club 11 Armchair Travel – Ireland – Passport Stamp	27	28  Exercise 10 Book Club 11 Community Garage Sale 2:00 (TENTATIVE) <b>Dean Tai Chi – 7:00</b>	29
30  _____	31  <b>Happy Birthday Martha!!</b>  					

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## **New & Noteworthy**

### **New Activities this month are:**

**New Ring Toss Game**  
**Sensory Stations – Slime!**  
**Balloon Toss**  
**Armchair Travel**

## **Message From the Manager**

I would like to express a huge Thank you to the Village of Hines Creek and our Recreation Attendant, Dakota, for a great success at the Senior BBQ in June, it was enjoyed by all.

Summer is here!! Perfect time for walks, picnics, cold treats and enjoying the company of others out in the courtyard. This month we will have a few more new games on the calendar, and a bus trip to have lunch and visit with the residents at Del-Air Lodge in Manning, AB.

Remember to drink plenty of water throughout the day to stay hydrated on warm days.

“Sunrises and sunsets are daily proof that the day can start and end beautifully, the rest in between is up to you”

Tara Schlichter

# **Homesteader Lodge Newsletter**

## **Community Events**

**July 1<sup>st</sup> – 9am-11:30am- Pancake Breakfast at the End of Steel Heritage Museum**

**Every Saturday at End of Steel Heritage Museum– Country Market – 9am- 1pm**

**Seniors Walking Program – Rodney Bjornson  
Fitness Center – Every Monday and Wednesday,  
FREE, 9:30am – 10:30am**

## **Special Dates**

**July 1<sup>st</sup> – Canada Day**

**July 1<sup>st</sup> – Happy Birthday Ray!**

**July 11<sup>th</sup> – Happy Birthday Shannon!**

**July 15<sup>th</sup> – Happy Anniversary John & Lynn!**

**July 20<sup>th</sup> – Bus Trip to Manning, Del-Air Lodge, for Lunch – please sign up.**