

DelAir Lodge November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10 – Exercises 11 - Walk 1 – Cribbage 3 – Book Club 6:30 – Popcorn & Movie	3 11 – Walking Club 1:15 – Bingo 3 – Fall Prevention	4 10 – Exercises 11 - Walk 1:30 – Crafting 3 – Brain Gym	5 11 – Walking Club 1:15 – Bingo 3:30 – Bean Bags	6 10 – Exercises 11 - Walk 1:30 – Cards 3:30 – Happy Hour & Trivia	7
8	9 10 – Exercises 1 – Cribbage 3 – Book Club 6:30 – Popcorn & Movie	<u>Toonie Tuesday</u> 10 11 – Walking Club 1:15 – Bingo 3 – Fall Prevention	<i>Remembrance Day</i> 11 10 – Exercises on Video 1:30 – Colouring	12 11 – Walking Club 1:15 – Bingo 3:30 – Curling	13 10 – Exercises 1:30 – Cards 3:30 - Happy Hour & Trivia	14
15	16 10 – Exercises 1 – Cribbage 3 – Book Club 6:30 – Popcorn & Movie	17 11 – Walking Club 1:15 – Bingo 3 – Fall Prevention	18 10 – Exercises 1:30 – Crafting 3 – Brain Gym	19 11 – Walking Club 1:15 – Bingo 3:30 – Noodle Ball	20 10 – Exercises 1:30 – Cards 3:30 – Happy Hour & Trivia	21
22	23 10 – Exercises 1 – Cribbage 3 – Book Club 6:30 – Popcorn & Movie	<u>Toonie Tuesday</u> 24 11 – Walking Club 1:15 – Bingo 3 – Fall Prevention	25 10 – Exercises 1:30 – Colouring 3 – Brain Gym	26 11 – Walking Club 1:15 – Bingo 3:30 – Bean Bags	27 10 – Exercises 1:30 – Cards 3:30 – Happy Hour & Trivia	28
29	30 10 – Exercises 1 – Cribbage 3 – Book Club 6:30 – Popcorn & Movie					

The monthly calendar is subject to additions and/or deletions. Please check Whiteboard for most recent schedule



North Peace Housing Foundation
Del Air Lodge

November 2020

New and Noteworthy

Book Club will gather in the living room every Monday. Jessica will read short stories to whomever is interested. This is a great opportunity to engage the mind and participate.

Brain Gym is another activity that we will be doing on Wednesdays. It will involve a series of puzzles and word exercises to engage all areas of the brain. Please be sure to join us or come pick up a copy from Jessica if you would like to do it in your room.

Holiday/Noteworthy Days

Remembrance Day is commemorated on November 11th each year and marks the end of World War I in 1918. It may also be commonly known as **Armistice Day**.

The intention of the day is to remember the fallen on both sides in the 'Great War'



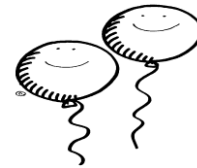
Bus Trips

The Handivan's weekly Tuesday Country Drive will be coming to an end for the year. It will still be operational on Thursday mornings for Residents who are needing to go to the Lab, Clinic or Outpatients. Please be sure to notify Jessica or Sharon if you are using this service.

Manager's Notes



Birthdays



Joe Keeler 2nd

Nancy Richards 7th

Emery Poitras 11th




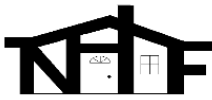
Edna Vandemark 24th

Harvest Lodge November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Exercise 9:00 Bean bags 10:30 Bingo 6:30	3 Loonie Tuesday Exercise 9:00 65 @ 10:00 Mass 2:00 Card bingo 2:30	4 Exercise 9:00 Jeopardy 2:30	5 Shopping 9:30 & 10:00 Shuffleboard Bowling 2:00	6 Exercise 9:00 Stay Sharp 10:30 Bingo For Prizes 2:30	7
8	9 Exercise 9:00 Bean bags 10:30 Bingo 6:30	10 Loonie Tuesday Exercise 9:00 65 @ 10:00 Mass 2:00 Card bingo 2:30	11 Remembrance Day	12 Shopping 9:30 & 10:00 Shuffleboard Bowling 2:00	13 Exercise 9:00 Stay Sharp 10:30	14
15	16 Exercise 9:00 Bean bags 10:30 Bingo 6:30	17 Loonie Tuesday Exercise 9:00 65 @ 10:00 Mass 2:00 Horse Racing game 2:30	18 Exercise 9:00 Christmas Craft 1:30	19 Shopping 9:30 & 10:00 Finish Christmas Craft 1:30	20 Exercise 9:00 Stay Sharp 10:30 Staff Meeting	21
22 Festival of Trees this Week!!	23 Exercise 9:00 Bean bags 10:30 Bingo 6:30	24 Loonie Tuesday Exercise 9:00 65 @ 10:00 Mass 2:00 Card bingo 2:30	25 Exercise 9:00 Word Game 2:30	26 Shopping 9:30 & 10:00 Shuffleboard Bowling 2:00	27 Exercise 9:00 Stay Sharp 10:30 Drinks and Ice Cream @ 2:30	28
29	30 Exercise 9:00 Bean bags 10:30 Bingo 6:30					

HERITAGE TOWER LODGE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>1</u></p> <p>Church on You Tube Every Sunday at 10:30</p>	<p>2</p> <p>10:30 Exercise 1:30 Floor Kurling 3:30 Down Memory Lane</p>	<p>3</p> <p>10:30 Exercise 1:30 Horse Racing 3:30 Remembrance Day Craft</p>	<p>4</p> <p>10:30 Exercise 1:30 Pool Tournament 3:30 Stay Sharp Brain Puzzles</p>	<p>5</p> <p>10:30 Exercise 1:30 Ray Lavoie (weather permitting) 3:30 Game of Darts</p>	<p>6</p> <p>10:30 Exercises 11:30 50/50 1:30 Real Bing0 3:30 Cribbage</p>	<p>7</p> <p>6:30 Movie Night</p>
<p>8</p> 	<p>9</p> <p>10:30 Exercise 1:30 Horse Racing 3:30 Cribbage</p>	<p>10</p> <p>10:30 Exercise 1:30 Floor Kurling *Library Drop Off* 3:30 Stay Sharp Brain Puzzles</p>	<p>11</p> <p>Remembrance Day</p>  <p>Remembrance Day Service- TBA</p>	<p>12</p> <p>10:30 Exercise 1:30 Shuffleboard 3:30 Down Memory Lane</p>	<p>13</p> <p>10:30 Exercise 11:30 50/50 1:30 10 © Bing0 3:30 Painting</p>	<p>14</p> <p>6:30 Movie Night</p>
<p>15</p> <p>Yesterdays <i>Memories are tomorrows Treasures</i></p>	<p>16</p> <p>10:30 Exercise 1:30 Shuffleboard 3:30 Crazy Eights Cards</p>	<p>17</p> <p>10:30 Exercise 1:30 Pool Game 3:30 Color Therapy</p>	<p>18</p> <p>10:30 Exercise 1:30 Crib Tournament 3:30 Sequence Game</p>	<p>19</p> <p>10:30 Exercise 1:30 Floor Kurling 3:30 Stay Sharp Brain Puzzles</p>	<p>20</p> <p>10:30 Exercise 11:30 50/50 1:30 Real Bing0 3:30 Down Memory Lane</p>	<p>21</p> <p>6:30 Movie Night</p>
<p>22</p> 	<p>23</p> <p>10:30 Exercise 1:30 Horse Racing 3:30 Cribbage</p>	<p>24</p> <p>10:30 Exercise 1:30 Shuffleboard 3:30 Game of Darts</p>	<p>25</p> <p>10:30 Exercise 1:30 Floor Kurling Tournament 3:30 Crazy Eights Cards</p>	<p>26</p> <p>10:30 Exercise 1:30 Bean Bag 3:30 Paint a Story</p>	<p>27</p> <p>10:30 Exercise 11:30 50/50 1:30 10 © Bing0 3:30 Build a Puppy (word game)</p>	<p>28</p> <p>6:30 Movie Night</p>
<p>29 Bring Nickels for Horse Racing Dimes for \$</p>	<p>30</p> <p>10:30 Exercise 1:30 Pool Game 3:30 Sequence Game</p>	<p>Movie Nights will be announced.</p>				<p><i>Watch the whiteboard beside the main office for changes.</i></p>

November 2020

Homesteader Lodge,

Hines Creek, AB



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	Exercises 10:00 2 Storytelling 10:45 Arts & Crafts 2 p.m.	Exercises 10:00 3 Storytelling 10:45 Cards Games 2p.m.	4	Exercises 10:00 5 Storytelling 10:45 Arts & Crafts 1:30 Church 3:15	6 Popcorn & Movie 7 p.m.	7
8	Exercises 10:00 9 Storytelling 10:45 Bean Bags 2 p.m. Prize Bingo 3 p.m.	10	Remembrance 11  Day In house Service	12	Exercises 10: 13 Storytelling 10:45 Stay sharp 1:30 Board Games	14
15	Exercises 10: 16 Storytelling 10:45 Dime Bingo 2:45	Exercises 10: 17 Storytelling 10:45 Arts & Crafts 2 p.m.	18	Exercises 10:00 19 Storytelling 10:45 Brain Teasers 1:30	20 Movie night 7 pm	21
22	Exercises 10: 23 Storytelling 10:45 Xmas Crafts 2 pm	24 Hot chocolate & Movie 7 pm	Exercises 10: 25 Storytelling 10:45 Spa Day 1:30	26	Exercises 10: 27 Storytelling 10:45 Prize Bingo 1:30 Church 3 pm	28
29	Exercises 10: 30 Storytelling 10:45 Board Games 2 pm					