Del-Air Lodge November 2023

Sunday	Monday	Tuesday		Wednesday	Thursday		Friday	Saturday	
				1 10:15 – Chair Yoga w Betty May 1:15 – Colouring Club 2:30 – Tea Time	9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	2	3 10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	3	4
5 ⁽⁾ Daylight Savings Turn Clocks Back 1 Hour	1 – Cribbage 3 – Book Club W Eileen Gerrits	6 <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 –Bingo 3 – Books on Wheels	7	8 10:15 – Chair Yoga 1:15 – Curling 2:30 – Tea Time 3:00 – Activity Book	9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	9	10 10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	D Remembrance Day	11
12	1 – Cribbage 3 – Music Monday Hymns	13 <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo	14	15 10:15 – Chair yoga 1:15 - Curling 2:30 – Tea Time 3:00 – Craft	9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	16	17 10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour	7	18
19	1 – Cribbage 3 – Book Club w Carol Knauft	20 <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 11 – Walking Club 1:15 – Bingo 3 – Books on Wheels	21	22 10:15 – Chair Yoga 1:30 – Gr 5 Buddy Visit 2:30 – Tea Time 3:00 – Gametime	9-12 – Handivan 1:15 – Bingo 3:00 – WHIST	23	24 10:15 – Exercises 11 – Walking Club 1 – Sask. Rummy 2:30 – Happy Hour 5:30 – Christmas Parade	1	25
26 3 – The Hilltop Singers	1 – Cribbage 3 – Music Monday	27 <u>Toonie Tuesday</u> 9:30 – Mass 10:15 – Exercises 1:15 – Bingo	28	29 10:15 – Chair Yoga 1:15 – Curling 2:30 – Tea Time 3:00 – Colouring Club	9-12 – Handivan 1:15 – Bingo 3:00 – WHIST 7 – Birthday Party Vic and the Chicks	30			

"Everyone has a place to call Home" Del-Air Lodge



Message From the Manager

Winter has started to arrive! Be sure you're wearing the proper clothing & footwear when venturing outside.

The temperature in the Dining Room may fluctuate from time to time due to boilercontrolled heat. Please keep a sweater handy if needed during transitions to colder weather.

A reminder if you are experiencing symptoms of influenza, COVID, gastro or any transmittable illness, we ask that you quarantine until an outcome can be derived. We want to do our best to keep all residents & staff as healthy and safe as we can in the upcoming winter months.

A hero is someone who has given his or her life to something bigger *Thomas Campbell*



Sharon Henítíuk

Events

November 11th Remembrance Day

Remembrance Day commemorates those who died in armed conflicts, particularly in and since World War I. In Canada, November 11 is officially called Remembrance Day, but it is also known as **Armistice Day and Poppy Day**. Proceeds from the purchase of Poppies is collected by the Legion and used towards services for Veterans.

We will observe a moment of silence at 12 noon on November 11th.

Walking Club will continue throughout the winter months indoors! It will be on Tuesday & Friday mornings at 11am. Our starting point is at the front doors, so come join us to stretch out your legs and maintain mobility.

New & Noteworthy

Curling

We will start floor curling again this month. This fun sport can be played by all, so please join us in the dining room on the scheduled day to participate or cheer on a team!

Teatime

We will be having **Teatime** every Wednesday @ 2:30 pm. It's an opportunity to come have a social visit with the other residents and staff. We will be serving varieties of teas using our teacup collection accompanied with a delicious snack.

Special Dates

November 5th – Daylight Savings Time Ends Turn you clocks back 1 hour! November 11th – Remembrance Day

November 22nd – Grade 5 MES Buddy Visit

November 24th - Community Christmas Parade watch it go by the Del-Air Lodge around 5:30 pm.

November 30th - Birthday Party Fun music by "Vic and the Chicks"

^]

Happy Birthday!

Joe Keeler 2nd Les Pearson 16th Edna Vandemark 24th

WWW.NPHF.CA

Del-Air Lodge, NPHF
 202 – 1st AVE SW., Manning AB
 T0H 2M0
 780-836-3325

Harvest Lodge November 2023

Sunday	Monday	Tuesday		Wednesday	Thursday	Friday		Saturday	
				1 Exercise 9:00 Floor Kurling 2:00 Coffee Time Dave & Vera 3:00	2 65 @ 10:00 Shopping 10:30 Shuffleboard Bowling 2:30	Exercise 9:00 Stay Sharp 10:30	3		4
5 Angela off this week>>	6 Bingo 2:00 Sandra & Donna	65 @ 10:00 Mass @ 2:00 Card Bingo 2:45	7	8 Floor Kurling 2:00 Marsha Coffee Time Dave & Vera 3:00	9 65 @ 10:00 Shuffleboard Bowling 2:30	Stay Sharp 10:30	10	Remembrance Day	11
12 Eureka River Singers 3:00	13 Angela not in today Bingo 2 pm Dennis & Elise	Angela has meeting. 65 @ 10:00 Mass @ 2:00 Card Bingo 2:45 Vic & The Chicks 7:00	14	15 Putting up Christmas Trees at Lodge today Floor Kurling 2:00 Coffee Time Dave & Vera 3:00	65 @ 10:00 16 Shopping 10:30 Shuffleboard Bowling 2:30 Fred K 6:00	Exercise 9:00 Stay Sharp 10:30 Cards with Normas 1:3	17 30		18
19	20 Exercise 9:00 Bean Bags 10:30 Bingo @ 2 pm Sandra and Donna	Exercise 9:00 65 @ 10:00 Mass @ 2:00 Card Bingo 2:45	21	22 Exercise 9:00 Grade 9 STM Students 2:00 Coffee Time Dave & Vera 3:00	23 65 @ 10:00 Shopping 10:30 Dan & Lucy 2:30	Exercise 9:00 Stay Sharp 10:30 Festival Of Trees @ DMI 2:15	24		25
26 Silver Valley Singers 6:00	27 Exercise 9 Bean bags 10:30 Bingo 2:00	Exercise 9:00 65 @ 10:00 Mass @ 2:00 Brenda Whiteford 2:30	28 0	Exercise 9:00 29 Floor Kurling 2:00 Coffee Time Dave & Vera 3:00	30 65 at 10 Shopping 10:30 Shuffleboard Bowling 2:30 Happy Trails 7:00				

"Everyone has a place to call Home" Harvest Lodge

Message From the

Manager

This month we honor those brave men and women who sacrificed their lives for this country.



New & Noteworthy

Time goes back this month. November 4th before you go to bed set your clocks BACK I hour!

Kellí Drake

Special Dates

Happy Birthday

Events

November 11th Remembrance Day

Special Farmers Market Nov 24 from 4pm-8pm at the Legion for all those last-minute gift ideas.

Festival of Trees – November 24, we will have a bus going, look out for the sign-up sheet.

FCSS will be having a seniors movie night, keep an eye out for dates and sign-up sheet! 1st George Ogordnik 3rd Irene Mines 4th Nelda Priddle 5th George Gelech 9th Cecilia Przybylski 16th Theresa Kramer

WWW.NPHF.CA

Harvest Lodge, NPHF
 104-108th ST., Fairview AB
 TOH 1L0
 780-835-2862

Homesteader Lodge November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Fred & his Guitar – 2:00-pm	3 Exercise 10 Book Club 11 Ed Walmsley 2:00pm – Fire Safety Presentation Dean Tai Chi – 7:00pm	4 Joseph & Family Music 7:00 pm
5 Willie Driedger Music Group 7:30pm Daylight Savings Ends- Turn Clocks Back 1 Hour	6	7 Exercise 10 Book Club 11 Arts & Craft Day- Poppies FV Ministry 7:00pm	8 Exercise 10 Book Club 11 Take down Halloween Decorations Happy Trails Band 7:00pm	9 Exercise 10 Book Club 11 Residents Choice 2:45 Happy Birthday Lourlin! Eureka Mennonite Church Music 7:00pm	10 Dean Tai Chi – 7:00pm	11 Remembrance Day – 11:00am Service in living room
12	13 Exercise 10 Book Club 11 Clean Walkers & Baskets 2:00 please sign up	14 Exercise 10 Book Club 11 Prize Bingo with Dakota Happy Birthday Sonya! FV Ministry 7:00 pm	15	16 Bob the Pony Visit – right after lunch	17 Exercise 10 Book Club 11 Spa Day with Dakota – Please sign up Dean Tai Chi – 7:00	18
19 Football – Grey Cup CFL 4:00 pm	20	21 Exercise 10 Book Club 11 Painting with Dakota 2:45 FV Ministry 7:00 pm	22 Exercise 10 Book Club 11 Baking Day with Dakota Bannock	23	Exercise 10 24 Book Club 11 Bus Trip to FV for shopping Black Friday/Festival of trees (Melissa) Dean Tai Chi – 7:00 pm	25 Movie Night
26	27	Exercise 10 28 Book Club 11 FV Fine Arts Center 1:00 FV Ministry 7:00 pm	29 Exercise 10 Book Club 11 Armchair Travel 2:45	30 Exercise 10 Book Club 11 Bingo with Dakota		

"Everyone has a place to call Home" Homesteader Lodge



Message From the Manager

Hard to believe we are only 55 days until Christmas......Are you ready?

I would like to thank NPHF for the wonderful evening at the Long Service Awards, great food, games, and lots of laughs. Congratulations to all the Award Recipients!!

Our lodge is filling up and it is nice to hear and see the residents socializing and enjoying each other's company, the more the merrier.

Remembrance Day is near, please take time to honor the bravery and sacrifice of all the men and women whose lives have been lost or forever changed. "Lest we Forget"

Tara Schlichter

Community Events

November 24th – Festival of Trees in Fairview

New & Noteworthy

NOVEMBER 5th REMEMBER TO TURN YOUR CLOCKS BACK

Special Dates

November 3 – Fire Safety Presentation November 11 – Remembrance Day November 16 – Bob the Pony Visit



Happy Birthday! Lourlin Chelick November 9 Sonya Rey November 14

Homesteader Lodge, NPHF
 908– 2nd AVE, Hines Creek, AB
 T0H 2A0
 780-494-3500

North Peace Housing Foundation

WWW.NPHF.CA

Heritage Tower Lodge November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 Texas Holdem' With Wendle Every Wednesday			1 9:00 Pool Games 10:30 Exercises 1:30 90 th Birthday Party for Diane Smith	2 1:30 Floor Kurling 3:30 Word Hunting 6:30 Vic & Chicks Band	3 10:30 Exercises 11:30 50/50 12:15 Loading Bus for Chateau Nova Seniors Fair 1-4	4 Turn your clocks Back 1 hour Before bedtime
5	6 9:00 Pool Games 10:30 Exercises 1:30 Cherades on 2 nd 3:30 Noodleball	7 9:30 Resident Meeting 10:00 Church on 6 th 10:30 Shuffleboard 1:30 Decorating	8 9:00 Pool Games 10:30 Exercises 1:30 Coffee at Freson Bros. 3:00 Bible Study	9 9:30 Bob the Therapy Pony 1:30 Shuffleboard 3:30 Paint Fingernails 6:30 Laliberte Band	10 Leslie is away 9:00 Pool Games 1:30 10c Bing0 w/Morgan 3:30 Crib on 2 nd	11 Remembrance Day 10:00 a.m. Service Main Floor
12	Leslie is away 13 9:00 Pool Games 10:30 Simon Says Exercise 1:30 Floor Kurling/Wally 7:00 Nampa Gospel to sing	9:00 News Happenings 14 10:00 Church on 6 th 10:30 Shuffleboard 1:30 Fred on Guitar 2:30 Book Mobile	9:00 Pool Games 15 10:30 Exercises 1:30 North Comfort Band 3:00 Bible Study 7:15 Living Waters to sing	 10:00-2:00 Just 4 You 16 Clothing Fashion shopping 10:30 Yahtzee on 2nd 1:30 Word Hunting on 2nd 6:30 Ray Lavoie on guitar 	17 7:30 Ladies Breakfast 10:30 Exercises 11:30 50/50 1:30 Card Bing0 (4 quarters	18
19	20 9:00 Pool Games 10:30 Exercises 1:30 Horse Racing(nickles 2:00 P.C Hearing	21 9:30 Floor Kurling Bonspiel 10:00 Church on 6 th 1:00 Flr.Kurling Con't 3:30 Yahtzee on 2nd	22 9:00 Pool Games 10:30 Exercises 1:30 Card Making with Norma & Janine 3:00 Bible Study	23 9:00 In the News on 2 nd 10:30 Shuffleboard 1:30 Horse racing 3:30 Health Trivia	24 7:30 Men's Breakfast 10:00 Pet Therapy(Anita/Puma 11:30 50/50 1:30 10c Bing0 w/Morgan	25 Santa Claus Parade Bus loading 4:15 (Bagged lunch for those Going-weather permitting)
26	27 9:00 Pool Games 10:30 Exercises 1:30 Presentation on Harmony Health w/ Brenda Hood	28 9:00 Walk a bout 10:30 Shuffleboard 1:30 Darts on 2 nd 2:00 ATB Banking 2:00 Book Mobile	29 9:00 Pool Games 10:30 Exercises 1:30 Walmart Shopping	30 9:00 Walk a bout 10:30 Shuffleboard 1:30 Goodtimer Band Birthday Party & Happy Hour		

"Everyone has a place to call Home" Heritage Tower Lodge



Message From the Manager

Welcome November! November is the month of the Poppy; The Legion should be around shortly to bring us some poppies to buy.

The Poppy field represents each son, daughter, grandchild, brother, sister, mom, and dad who served our country. We will Remember!

Flu season is here in full force. We did have Value drug mart come in to offer Flu & Covid vaccines. If any residents still require theirs, please reach out to me & I can be in contact with Stacy. If you're feeling unwell, please refrain from coming out of your room, please.

We have a few tenants that will be staying with us for a little while from our Garden Court Apartment Complex. Please help welcome them with open arms during their displacement.

Mellissa Henitiuk

Events

Nov. 1st 90th 1:30 Birthday Party at HTL for Diane Smith Nov. 3rd Seniors Fair at Chateau Nova 1-4 Nov. 4th Daylight Savings Ends *Turn you clocks back 1 hour before bed.* November 11th – Remembrance Day Service 10:00a.m. at HTL Nov. 16th 10:00-2:00pm Just 4 u Clothing Fashions at Heritage Tower Lodge Nov. 25th – Santa Claus Parade 5:00 Downtown Nov. 27th 1:30 Presentation on Harmony Health w/Brenda Hood Nov. 30th 1:30 Birthday Party & Happy Hour

Music by The Goodtimer Band

New & Noteworthy

Welcome Novembrrrrr! Mother Nature is loving us! Please remember to dress for the weather. Hat, gloves, scarves & nonslip footwear for the frosty days.

Keep an eye on our November Activity Calendar.

New things to try, places to go & people to meet! Play a game, have a coffee & visit or dance to a selection of great music by some of our famous live entertainers!!

Special Dates

Happy Birthday!

- 1st Diane Smith 6th Lena Williamson 12th Leo Cloutier 16th Peter Sware
- 24th Gerard Blanchette

Welcome New Residents

Jeannie Szpuniarski

Stew & June Bowman

Klaas Sipma

Heritage Tower Lodge

North Peace Housing Foundation

WWW.NPHF.CA

Seace River AB T8S-1J8